



EASY MONEY WEEKDAYS
@ 7:13am, 8:13am, 12:13pm & 4:13pm

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HALIFAX AUGUST 31, 2009 metronews.ca

Celebrity Buzz



Shania's new road of discovery

pg 26

Weir drives for kids today at local courses

CHARITY Canada's top men's golfer is teeing it up in the region today.

Mike Weir is playing nine holes of golf at both New Ashburn and the Glen Arbour Golf Course as part of his Miracle Golf Drive for Kids to benefit the IWK Health Centre in Halifax. Weir will play the back nine of New Ashburn

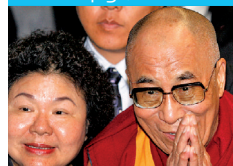


starting at about 8 a.m. then play holes No. 10 through 18 beginning around 1 p.m. at Glen Arbour. Weir will switch teams after every three holes. In total, there are 360 golfers participating. The two-day event kicked off last night with Weir scheduled to arrive into town late for a private function.

In 2007, the Mike Weir Foundation began partnering with Children's Miracle Network to create his golf drive for kids. This marks the first year the event has been held in Atlantic Canada.

METRO HALIFAX

World pg 7



Dalai Lama visits Taiwan

ShareYourViews

halifaxletters@metronews.ca

Seaforth

Hope for Wildlife



Elizabeth Hawkins holds a broad-winged hawk during the Hope for Wildlife Society annual open house in Seaforth yesterday. Hundreds of people visited the wildlife rehabilitation and education facility yesterday and got a chance to see snakes, owls, groundhogs and many other animals.

ANNA JACOB/METRO HALIFAX

Torch passes to Halifax for Canada Games

PHILIP CROUCHER
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WINTER 2011 It's the passing of the torch — literally.

With the 2009 Canada Summer Games coming to a close over the weekend on Prince Edward Island, the torch has been extinguished and handed over to Halifax as the city prepares to host the 2011 Canada Winter Games from Feb. 11 to 27.

Dartmouth kayaker Hannah Vaughan, who won three of Nova Scotia's record-breaking 52 medals from this summer's Games, was given the torch on behalf of the 2011 Halifax Canada Games committee during Saturday's closing ceremonies in Charlottetown.

Local organizers are dubbing the Halifax Games the largest multi-sport event in the city's history, with more than 2,700 athletes competing in over 20 sports. The Games are expected to generate about \$80 million for the local economy.

"Success at the end of the day for the 2011 Games will be about delivering an event that puts the entire community at the core of the experience," Jean-Paul Deveau, chair of the 2011 Games, said in a release.

During Saturday's closing ceremonies, a video promoting the 2011 Games was played to the crowd of thousands, and included the participation of Sidney Crosby and Premier Darrell Dexter.

MORE COVERAGE, PAGE 11

MetroX in motion today with 'commuter in mind'

Express Upper Tantallon-Halifax bus first of new suburban lines

KRISTEN LIPSCOMBE
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The wheels on a new express bus service travelling back and forth from Upper Tantallon to downtown Halifax start turning today.

Commuters can catch the MetroX from a free park-and-ride lot at the Hubley Centre five times between 5:58 and 8:03 a.m., with one-way direct service to Abermarle Street in the heart of the city.

The express service, described by Metro Transit as having "the weekday com-

muter in mind," leaves Scotia Square five times between 4:15 and 6:50 p.m. to take downtown workers home during the rush hour peak.

There are also three mid-day return trips offered on MetroX, which leave the Hubley Centre at 12:30, 2 and 3:25 p.m.

Metro Transit says the fares "reflect the premium service." It is charging adults \$3.25 and seniors and children \$2.50. Monthly adult passes cost \$100 each.

The bus from Upper Tantallon is the first of many planned for park-and-ride lots along 100-series high-

Green way

• Metro Transit is also promoting its new service as "a great way to reduce greenhouse gas emissions," as every MetroX station will feature bike lanes, lockers and racks.

ways within HRM. Metro Transit spokeswoman Lori Patterson said yesterday other suburban areas will see the service soon, including Enfield and Musquodoboit Harbour.

Patterson called MetroX different than normal public transportation, with "smaller buses designed to run on

the highways." They're also more comfortable and air-conditioned, she said.

Municipal, provincial and federal politicians are helping kick off MetroX this morning with "an important infrastructure announcement for Metro Transit," a news release says.

Patterson confirmed yesterday there's "federal funding involved," but she couldn't say how much Ottawa is coughing up for the project, which has been about two years in the making. She did say that the first phase of MetroX has a total price tag of about \$5 million.

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Victoria Road Interchange ramp to be closed

Ramp D of the Victoria Road Interchange – Highway 111 from the MacKay Bridge to Victoria Road outbound to Magazine Hill – will be closed tomorrow for the replacing of a retaining wall. The closure is from 9 a.m. and to 3 p.m. and all traffic will be detoured. **METRO HALIFAX**

3

Local



Lifeguard supervision ends

There is no longer lifeguard supervision this summer at beaches in the Halifax Regional Municipality. The last day of lifeguard supervision for this summer was Friday at 5 p.m. A release by HRM says any swimming at municipality beaches "now will be at the swimmers' own risk." The municipality is advising anyone choosing to swim at these beaches – which include Rainbow Haven and Queensland beaches – to stay close to shore and to never swim alone. **METRO HALIFAX**



Man robs Subway by knife point

THEFT Halifax RCMP say a man robbed a Subway restaurant by knife point in Eastern Passage Saturday evening.

Police say a masked man went up to the clerk with a knife at the Subway on Cow Bay Road at about 9:10 p.m. He then fled the scene on foot with a small amount of money. There were no injuries.

Police describe the suspect as a white man in his 20s, between five-foot-seven and five-foot-10 and around 150 pounds. He was wearing a long-sleeve blue shirt, black jeans, black gloves and a balaclava with a spider-web design. **METRO HALIFAX**

New legal aid director takes reins

COMMISSION There will be a new executive director of the Nova Scotia Legal Aid Commission starting tomorrow.

Karen Hudson has been appointed to the position starting Sept. 1, taking over from Gerard Lukeman, who has held the position since 1997.

Hudson has been with legal aid for 23 years, serving as staff lawyer, managing lawyer and director.

She was chosen at the commission's June board meeting. **METRO HALIFAX**

Danny upstaged by rival system

Low-pressure system absorbed Danny's energy to cause havoc: Meteorologist

KRISTEN LIPSCOMBE
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Bill vs. Danny

Despite the wind and rain that rocked the province, Dan the Man didn't quite make it to Nova Scotia over the weekend.

Believe it or not, Environment Canada says that blast of weather didn't quite come courtesy of post-tropical storm Danny, which at one point was forecast to track straight through Nova Scotia.

Guy Roussel of the Atlantic Storm Prediction Centre in Dartmouth said Danny actually "dissipated

• Guy Roussel of Environment Canada called the wind and rain that pummeled Nova Scotia this weekend, partially as a result of post-tropical storm Danny, "totally different" than hurricane Bill, which brushed by the province as a Category 1 storm the weekend before.

Nevertheless, Environment Canada told Metro that Bill

before reaching the waters of Nova Scotia.

"At the same time, there was another low-pressure system developing to the west," he explained yesterday.

brought between 50 and 60 millimetres of rain and winds of up to 87 km/h to the Halifax area, while the weather remnants of Danny dumped between 70 and 90 millimetres of rain over many parts of HRM, with wind gusts reaching 80 kilometres per hour or more in some parts of the municipality.

"It absorbed the moisture and the energy from the dying or dissipating post-tropical storm Danny and it took over."

Still, Roussel said wind

gusts reached 90 km/h in some parts of the province, including at Halifax Stanfield International Airport and along the Eastern Shore.

Cape Breton even experienced winds of up to 119 km/h, he said.

Rainfall amounts varied across the Maritime region, but according to an Environment Canada weather summary, close to 80 millimetres of the wet stuff fell over the Halifax airport, while 87 millimetres landed on Yarmouth and Sydney saw a whopping 104 millimetres.

Nova Scotia Power

spokeswoman Jennifer Parker said about 17,000 customers were without electricity by the peak of the storm at about 6 a.m. yesterday, but that number had already dropped to about 5,000 by 8 a.m., with only 700 customers still waiting to have power restored by mid-afternoon.

The largest outage in the Halifax area was in the city's south end, Parker said.

Roussel said the "tropical air mass associated with Danny" still managed to move over Nova Scotia, bringing with it warmer temperatures.

After Danny Sunshine returns



Barb Coady and Nicole Morash enjoy an afternoon of horseback riding with Spencer and Willow near Lawrence town yesterday. After heavy wind and rain hit Nova Scotia late Saturday night into early yesterday morning, the skies cleared by noon, which made for a beautiful late-summer day.

Police still seek witnesses in MacCullough murder

INVESTIGATION Halifax Regional Police are continuing to urge the people they believe were around at the time of Jason MacCullough's death to come forward with what they know.

Friday marked the 10th anniversary of MacCullough's murder. The 19-year-old's body was found on a paved path between 100 and 104 Pinecrest Dr. in Dartmouth at about 2:30 a.m. on Saturday, Aug. 28, 1999. He was shot in the back of the head from point-blank range.

Police believe the murder was a random act, as all indications point to the victim not being involved in any type of criminal activity.

Police believe MacCullough was walking

through the area while on his way home and was using a well-known shortcut between the buildings.

"Investigators believe there were several people in the area at the time of the homicide and strongly believe they were witnesses to the crime," a police release issued Friday said.

The province's Rewards for Major Unsolved Crimes continues to offer \$150,000 for information leading to the arrest and conviction of the person or persons responsible for MacCullough's murder.

Anyone with information is asked to contact the HRP/RCMP Integrated Crime Unit at 490-5333. People can also phone Crime Stoppers at 1-800-222-8477. **METRO HALIFAX**



Jason MacCullough

Purcells Cove family donates conservation land

ECOLOGY A family from Purcells Cove has donated a section of land in their community to the Nova Scotia Nature Trust.

The new conservation land "encompasses 20 hectares and overlooks Halifax's beautiful Northwest Arm," according to a NSNT release, adding "it supports important ecological communities, diverse wildlife habitat and undeveloped freshwater

lakeshore."

The property is located off Purcells Cove Road and was donated by the six siblings of the Napier family — Kenneth, John Jr. (by Corinne), Robert (by Agnes), Paul, Murray and Mary.

Dennis Grant of the Nature Trust is calling this donation of conservation land "a great victory." He said the trend they're seeing across the province, es-

pecially in Halifax, is subdivisions and large pieces of land being made inaccessible to the public.

"The hope is certainly that we will continue to build on this success," the release adds.

"We urge all Nova Scotians to follow the Napiers' forward-thinking example and consider the wisdom of conserving the lands that they cherish."

METRO HALIFAX

News in brief

FOUND A Lower Sackville man who went missing earlier this month has been found "safe and sound," police have confirmed. Halifax RCMP said they found Bruce Weir, 48, last Thursday night. He was reported missing by his family Aug. 21 but was last seen leaving his home the morning of Aug. 16.

CHARGES Two male youths and an 18-year-old female are facing charges after Halifax Regional Police say a stolen

Saturn vehicle caused two accidents on Main Street at Caledonia Road in Dartmouth Friday around 9:30 p.m. Police say the vehicle was driven by the female, and all three suspects fled the scene after the second accident. The two male suspects returned to the scene of the second accident a short time after fleeing, while police say the woman turned herself in early Saturday morning. **METRO HALIFAX**

metronews.ca

WHAT'S ONLINE TODAY

Immigration Is a DUI conviction enough to keep you from crossing the border? Guidy Mann has the answer at metronews.ca/immigration

Lotteries

Friday, Aug. 28

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Saturday, Aug. 29

Lotto 6/49: 9, 10, 26, 29, 32 & 37 Bonus 12

These results are not official.

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Shelburne Country RCMP and Yarmouth's Integrated Border Enforcement team seized over \$12,000 and 37,600 contraband cigarettes during the execution of a search warrant at a residence in Shag Harbour last week. A 33-year-old woman and 46-year-old man are facing charges and will appear in court Dec. 10. **METRO HALIFAX**

Making Fringe theatre more mainstream

Local improv actor appeals to Haligonians' financial sensibilities over festival attendance

HILARY BEAUMONT
for Metro Halifax



Theatre-shy Haligonians need to get over themselves, according to one Atlantic Fringe Festival actor.

"A lot of people think theatre is silly," said local improv actor Jamie Bradley.

"If you go to see a play for \$8, \$7, it's a coffee at Starbucks in some cases, and people feel like they

can afford it. Most cases they're pleasantly surprised."

Bradley and actor/friend Scott Owen plan to improvise nine completely different shows at Halifax's 19th annual Atlantic Fringe Festival, which opens Thursday and runs to Sept. 13.

Their play, Vern and Gregory! The Show No One Wanted Them To Give! tells the story of two washed up Vegas lounge actors who team up to bid farewell to the entertain-

Fringe Festival

- The 19th annual Atlantic Fringe Festival takes place at various venues in Halifax starting Thursday.

- For complete details, including the festival lineup and showtimes, go to www.atlanticfringe.ca.

ment biz.

"We're going just to have a lot of fun," Bradley said. "We don't have a lot of really strong messages but I know a lot of other plays do."

In previous years, the

backseat.

Despite the unique performances actors deliver on stage, Bradley said patrons sometimes don't view theatre as tangible compared to "a painting you could hang on your wall."

"Because it's so ethereal at times," he said when asked why he thinks theatre isn't as popular as it could be.

"Because theatre is fleeting. You go see a performance and that's it. And that

performance was special for one or two hours. Then it's gone. Because it's so intangible, some people tend to be a little biased against it."

He is quick to point out this statement doesn't apply to everyone, and hopes more people decide to give live theatre a shot — starting with this month's festival.

"Take a chance!" he said. "It's affordable, definitely affordable. It's a really cheap date."

Man struck in face by paintball

CRIME Halifax Regional Police is investigating an assault after a man was shot in the eye with a paintball last week.

Police say the incident occurred in the early morning hours last

Thursday as a 48-year-old man was talking along Northwest Arm Drive near Osborne Street in Halifax.

Police say as he was

paintball.

He went to hospital for treatment for a serious eye injury, one that reportedly could see him lose sight in that eye. He then reported the incident to police at 5:15 p.m. Thursday.

Police have canvassed the neighbourhood for possible witnesses, and so far there is no description of the vehicle or any suspects.

METRO HALIFAX



Bodysurfing TSN's 25th anniversary



TSN SportsCentre broadcasters Dan O'Toole, left and Jay Onrait dove into the crowd and did some bodysurfing in the pouring rain Saturday night as the pair broadcast live from Amherst as part of the Kraft 10-in-10 Celebration Tour. The cross-Canada tour celebrates TSN's 25th anniversary. About 400 people braved a pouring rain to be part of the TV broadcast.

Gun incident reported at Burnside Motel

CRIME Halifax Regional Police are investigating a third-hand report that there was at least one person in the Burnside Motel late last week with a gun.

Police say the incident took place on Friday at 9:40 p.m. After speaking

with staff and viewing the security video from the hotel located at 739 Windmill Rd. in Dartmouth, police say it looks as if an altercation took place between two people staying at the hotel and another two male suspects.

Police believe the people involved left the hotel before they arrived to the scene.

Police can't confirm if a gun was involved and so far they say no one has contacted them about a complaint. **METRO HALIFAX**

News in brief

CRASH The RCMP is asking for the public's assistance in helping solve a hit-and-run Saturday. At approximately 9:30 p.m. RCMP responded to a complaint of a hit-and-run on Highway 4. Police believe a small grey-coloured vehicle, possibly an older model Toyota Corolla, is responsible for the damage. **CAPE BRETON POST**

Man attacked in Winners store

CRIME Halifax Regional Police say a man was chased by four other men around the Winners department store at Mic Mac Mall late Friday afternoon.

Police say the victim was shopping at the store when he was challenged to fight by one of the males. The victim declined, lead-

ing to him being chased around the popular chain store. The victim was able to get away, police say, and some items on display at the store were damaged. Police say the victim isn't co-operating with police but they're not closing their investigation. **METRO HALIFAX**



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The Canadian Human Rights Commission has ruled in favour of a Winnipeg pilot who was forced into retirement, CBC News Online reports. Raymond Hall is part of a group of Air Canada pilots called Fly Past 60, that formed to protest the company's mandatory retirement age of 60. **METRO NEWS SERVICES**

Canada



Man rapped for school threats

A New Brunswick man has received a conditional discharge for threatening a school principal who scaled back the daily singing of O Canada at his daughter's school, CBC News Online reports. Bradley Howland, 43, of Hatfield Point, was also ordered Friday to stay away from Erik Millett and Millett's partner, and not to go near the school for eight months unless accompanied by his wife. **METRO NEWS SERVICES**

Bill Clinton talks in Toronto

VISIT The sun shines, and audiences beam, for Bill Clinton.

Or at least they did Saturday, when the skies cleared in time for the former U.S. president to address almost 12,000 spectators at BMO Field at the Canadian National Exhibition.

The speech was called Embracing our Common Humanity, a theme and title Clinton has used in the past. But his words Saturday were tailored to a Canadian audience.

He evoked Canada's First Nations to elucidate the urban-rural divide, spoke of Canada's presence in Afghanistan, and referenced Alberta's oilsands with regard to climate change.

But before he did any of that, Clinton, who had just flown to Toronto from the Boston funeral of Senator



Former U.S. president Bill Clinton speaks Saturday during his Embracing Our Common Humanity speech at the Canadian National Exhibition in Toronto.

Edward Kennedy, opened his remarks with words of remembrance of the late senator.

"I knew him for more than 30 years," he said. "We worked together,

sometimes we fought ... but throughout it all I cherished my relationship with him because he proved that public service was an honourable way to live." **TORSTAR NEWS SERVICE**

Liberals set to test moods over vote

Senator says Grits won't provoke election over EI

Federal Liberals will get a detailed picture of the Canadian public opinion landscape during this week's caucus retreat in Sudbury, Ont. — a meeting bound to be pivotal in determining whether the country will go the polls yet again.

If the Sudbury polling presentation is any way similar to the one that the Ontario Liberals received last week — and chances are it will be given that it's coming from the same polling firm — then it might arouse some sobering second thoughts about provoking an election this fall.

Last week, in a closed-door presentation at the First Canadian Place offices of the Toronto Board of Trade, dozens of Ontario Liberal MPPs were treated to a presentation by Pol-

"I don't think there's a presumption that every time there's an opportunity to have an election that you have to do it. We still want to see Parliament work."

Senator David Smith

lara president Don Guy in which they reportedly learned that it's been a good summer for Prime Minister Stephen Harper and the Conservative "brand."

From this, some provincial Liberals inferred that it hasn't been that great summer for federal Leader Michael Ignatieff — and that this fall might not be the best time to put this to a vote.

One such sign came late last week when Senator David Smith, one of the campaign chiefs, said flatly that Liberals weren't going

to provoke an election over employment-insurance reform and that it would be "irresponsible" to defeat Harper's government at the earliest opportunity.

"I don't think there's a presumption that every time there's an opportunity to have an election that you have to do it. We still want to see Parliament work," he said.

One senior Liberal MP, speaking off the record, warned that Ignatieff himself is more bullish about an election.

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Doer selected as ambassador to U.S.

POLITICS Gary Doer, Canada's choice as the next ambassador to the United States, is a pragmatist who is skilled at reaching out across partisan and international boundaries, according to friends and observers.

Prime Minister Stephen Harper surprised political pundits Friday by selecting Doer, a member of the New Democratic Party who has served as premier of Manitoba for the past decade.

The move means Canada's most conservative government in recent years will have a member of the country's largest social democratic party as its public face in dealings with a U.S. government that moved left with the last election.

Doer, who pulled his own surprise Thursday by announcing his retirement as premier, had a good working relationship with Harper despite any politi-

cal differences, said Paul Thomas, a University of Manitoba political scientist.

"He's a very pragmatic person," Thomas said.

Doer, 61, entered politics from the labour movement, and served as leader of Manitoba's official opposition for nine years before the NDP finally won power in 1999. He has been re-elected twice as premier. Known for his sense of humour, Doer was the longest serving of Canada's provincial and territorial premiers, and observers

say he has shown an ability to work with other political parties.

"If there was one bit of magic that has worked for Gary Doer politically, and I think will work for him diplomatically, it doesn't really matter what political stripe you are," said Paul Samyn, who covered Doer for the Winnipeg Free Press. **REUTERS**



Doer

News in brief

HEALTH As many as one in seven young Canadian adults may be deficient in vitamin C, which could place them at increased risk for chronic health problems, according to new research. Dr. Ahmed El-Soheemy, of the University of Toronto, and his team found that 33 per cent of nearly 1,000 Canadian adults they tested had suboptimal levels, and the remaining 14 per cent, one in seven, had deficient levels. **REUTERS**

COURTS Does an obstetrician have a duty of care to an unborn child? A Guelph hospital, citing a 2008 court decision that found a doctor had no such obligation in the case of a girl born with birth defects because of an acne drug prescribed to her mother, says no. But the family of another child say yes. The issue will be argued today in a London, Ont., courtroom. The Liebig family has brought a motion before the courts on behalf of their 8-year-old son, Kevin. **FIREARMS** It's like an eBay for guns. When Mississauga, Ont.'s Dennis Hingsberg's website, GunAddicts.com, launches on Sept. 1, firearm lovers from across the country will be able to buy and auction off guns to their fellow enthusiasts. **TORSTAR NEWS SERVICE**

Germany's ruling party takes losses in regional vote, but still holds lead

Chancellor Angela Merkel's party suffered losses in German regional elections yesterday, a setback that could hurt her chances of forming the centre-right government she wants after next month's federal vote. Merkel's conservatives hold a comfortable 12-15 point lead in national polls over their main rivals, the centre-left Social Democrats. **REUTERS**

7

World



Olmert indicted over scandals

Former Israeli prime minister Ehud Olmert was indicted yesterday over corruption scandals that forced him to resign last year. The charges stem from allegations he took cash payments from a U.S. businessman, advanced the interests of clients of a former law partner and double-billed Israeli charities for overseas travel expenses during fundraising trips. **REUTERS**

Taiwan invites Dalai Lama to visit victims



Exiled Tibetan spiritual leader, the Dalai Lama and Kaohsiung Mayor Chen Chu greet the media as they arrive in Kaohsiung City in southern Taiwan yesterday.

The Dalai Lama, a Tibetan spiritual leader reviled by China as a separatist, arrived in Taiwan yesterday for a hasty visit to comfort victims of a typhoon, testing the island's improved ties with Beijing.

China opposes the Dalai Lama's trips abroad and condemned Taiwan opposition leaders for inviting him last week to visit until Friday.

He will pray for victims of Typhoon Morakot, Taiwan's worst storm in 50 years, which killed up to 745 people.

Beijing-friendly Taiwan

President Ma Ying-jeou, widely accused of a slow disaster response, allowed the Dalai Lama's visit, a populist move that he declined last year as ties with China were warming quickly after 60 years of hostilities.

China has claimed sovereignty over Taiwan since 1949, when Mao Zedong's forces won the Chinese civil war and Chiang Kai-shek's Nationalists fled to the island. Beijing has vowed to bring Taiwan under its rule, by force if necessary.

The Dalai Lama, who fled Tibet in 1959 after a

failed uprising against Chinese rule, flew from India to Taiwan's main international airport for a mass prayer and other religious activities in storm-hit southern Taiwan.

"First, it's humanitarian," the Dalai Lama, wearing his signature orange robe, told reporters, describing his visit to Taiwan.

He said before departure he had been invited by Taiwan's "people" without political affiliation and planned only to comfort victims of this month's typhoon, Taiwan's Central News Agency reported.

REUTERS

Thousands evacuated from 'out of control' Calif. wildfire

CALIFORNIA Gov. Arnold Schwarzenegger said an "out of control" wildfire in the Los Angeles foothills had forced the evacuation of thousands of homes and threatened 12,500 buildings in the heavily populated area.

The heat-driven fire nearly doubled in size over-night and has now burned 35,000 acres of bone-dry brush in the mountains above five towns, a 10-mile stretch from La Crescenta to Pasadena, the California Fire Department said. About 10,000 homes are under evacuation orders.

"These fires are still to-

Threatened

- Three remote homes have been destroyed so far and some 10,000 others and 2,500 other buildings are in danger, as is Mount Wilson, the nexus for key telecommunications facilities, including TV and radio towers.

tally out of control," Schwarzenegger told reporters at the fire's command post in Lakeview Terrace.

"This is a huge and very dangerous fire. The fire is moving very close to homes and to structures."

REUTERS

Al-Qaida names Saudi bomber

JEDDAH Al-Qaida yesterday identified a militant who tried to kill Saudi Arabia's security chief on Thursday as Abdullah al-Asiri, a



Abdullah al-Asiri

wanted suspect who entered from Yemen. A suicide bomber posing as a repentant militant blew himself up in the Jeddah office of Prince Mohammed bin Nayef in the first known attack on a member of the Saudi royal family in al-Qaida's Saudi campaign.

REUTERS

News in brief

ELECTION Japan's next leader Yukio Hatoyama, fresh from a historic election win, faces challenges such as reviving the economy and steering a new course with the U.S. The Democratic Party of Japan's victory ends a half-century of rule by

the Liberal Democratic Party. **POLAND** Two Belarussian Air Force pilots were killed yesterday when their SU-27 fighter plane crashed during an air show in Poland, police said. No others were killed.

KIDNAPPING The couple

accused of kidnapping an 11-year-old girl and keeping her hidden for 18 years pleaded not guilty to dozens of charges Friday as police searched their home for evidence related to murders of prostitutes in the 1990s. **REUTERS**

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Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

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Comment

Earning brownie points

HineSight

Anne Hines

metronews.ca/hinesight

Today I came face-to-face with the truth about my own maturity level. In some 30 years of being an adult, the only thing I've grown out of is my jeans.

This morning, my sister Keltie called. Our conversation went something like this:

Keltie: I've been thinking about the big family occasion coming up and ...

Me: Me! Me! I'll do everything! I'll cook! I'll clean! I'll get the gift and the card and the cake and my kids will hand-sew a banner and write a commemorative poem and ...

Keltie: What can I do to help?

Me: You can remind me what we're celebrating.

Keltie: Anne, are you sure you want to do all this?

Me: Would I offer if I didn't want to?

This is a ridiculous question. Of course I would. The fact is, though, there is one thing hosting this gathering that will bring me what I can't get anywhere else. Not quality time with my family. I'm talking about brownie points.

Loosely defined, in any group of siblings brownie points means, "Mom always liked me best, but just to

SunnySide

make sure, look, I've bought her a car." To acquire brownie points you simply need to one-up your brothers and sisters in any small way. A sample scale is as follows:

Calling Mom even when you don't need her to babysit = four points.

Helping Dad organize the basement = six points (Add an additional two points for not saying, "Do you really need to keep your bowling score cards from 1948?"

more than three times.)

Acting straight in front of great aunt Elsie = 1,200 points.

Producing grandchildren = 200 million billion points.

Years ago, I read a

book entitled *Siblings Without Rivalry*. Frankly, they might as well have called it *Living Without Breathing*. In most families, vying for parental approval seems to be the norm. I asked a family psychology expert why this is.

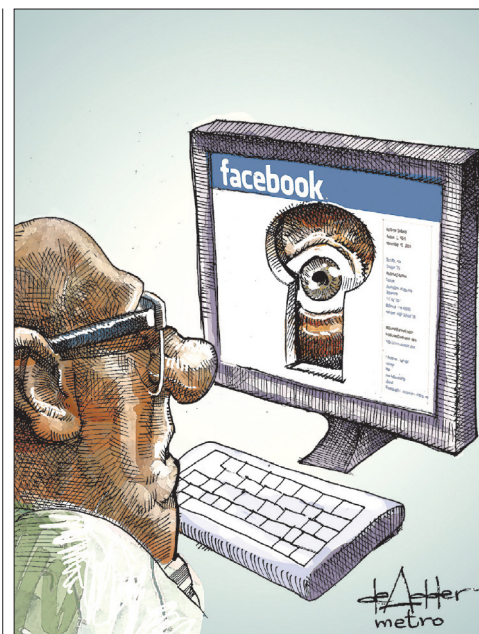
Learned doctor: In the early history of humankind, a child's need to establish their superior status in the affections of parents stemmed from his/her instinct to secure protection from predators.

Me: And in modern times?

Learned doctor: Now we're just brats.

I do not approve of petty competition between brothers and sisters. Unless, of course, I'm winning. But there's a bigger problem with brownie points. At the end of the day I have a sneaking suspicion Mom loves us all the same.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.



Worth mentioning

Networking sites aiding burglars, report finds

Facebook users enthusing about an upcoming holiday or a recently purchased high-tech gadget may not just be telling their friends but also potential burglars, warns an insurance company.

A survey of 2,092 social media users by British-based Legal & General

In a report called *The Digital Criminal*, Legal & General said people used social media

sites to connect with people who were essentially strangers, which could provide potential thieves with vital personal information.

Reformed burglar Michael Fras found nearly four in 10, or 38 per cent, of people using social networking sites like Facebook or Twitter post details about holiday plans and 33 per cent details of a weekend away.

er, who helped Legal & General prepare the report, said this personal information was being used by professional burglars to establish a list of targets.

REUTERS

Views

Take steps to improve HRM air quality

CleanBreak

Rochelle Owen

metronews.ca/cleanbreak

What is outdoor air quality like in the Halifax Regional Municipality?

Locally, we produce air emissions through sources such as fossil fuel burning for things like home heating, electricity generation and vehicles, wood burning and the evaporation of solvents like paint. In addition, Eastern Canada is referred to as "the tailpipe of North America," as transboundary air pollutants are blown here from other

parts of Canada and the eastern states.

Depending on the release from these sources and other factors such as time, place, and weather, air quality in Halifax can range from poor to fine. Notable air quality problems such as smog and acid rain do occur in HRM and other parts of Nova Scotia.

Mixtures of air pollutants, sunlight and heat create smog. Smog worsens respiratory and cardiac health conditions.

Data from the provincial environment department shows nitrogen oxide peaks match vehicle commuter traffic in Halifax between 8 a.m. to noon and 4 to 6 p.m. Nitrogen oxide is one of the air pollutants that combine to make smog.

Much of Nova Scotia and HRM lands and lakes have

lower acid buffering and neutralizing abilities, so acid rain hits here harder, affecting buildings, ecosystems, and species such as fish.

Non-profit and governmental efforts have been made through research, policy and legislation to reduce some of the local and transboundary air pollutants such as sulphur dioxide. There have been some notable decreases with certain pollutants, however, more reduction of air quality emissions is needed for better human and ecosystem health.

Steps can be taken as an individual and at a societal level to help improve the situation. This can mean driving less, avoiding idling if you are driving, reducing energy use, switching to cleaner energy sources,

purchasing low-emitting products such as paint, furniture, and cleaners, and becoming involved in air quality issues in your community.

To learn more about air quality issues in general and in our region check out the federal government's Clean Air Online and the air quality section of the Nova Scotia Department of Environment page.

If you are concerned about the effects of air quality visit the Air Quality Index (www.ec.gc.ca/cas-aqhi). Here you can see daily readings for HRM that tell you the level of air quality risk. You can also sign up to receive email updates.

Rochelle Owen is director of sustainability at Dalhousie University. She has worked in the environment and sustainability field for 19 years; rochelle.owen@gmail.com.

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1,000 tonnes of landfill from replaced cellphones

About 9.3 million mobile phones are replaced in Canada every year, which equates to around 1,000 tonnes of landfill (and a bunch of nasty chemicals), according to Change The World for Ten Bucks: 50 Ways To Make A Difference. **TORSTAR NEWS SERVICE**

9

Going Green

Saving time and space

U.S.-based Zigo Inc. says its Zigo Leader can convert from a stand-alone bicycle to one with front-attached kid trailer, left, to a stroller in under a minute. But saving time and space doesn't come cheap. The mom- or dad- powered system costs \$1,349 US. **METRO NEWS SERVICES**

EDITOR: FERMIN DESOUSA, FERMIN.DESOUSA@METRONWS.CA

100 stay car-free after challenge

CHALLENGE More than 250 city slickers in Canada, the U.S. and London, England, gave up their cars for a month, choosing instead to walk, bike, take public transit or use car-sharing service Zipcar in Zipcar's 2009 Low-Car Diet challenge that ended Aug. 15. And 100 plan to stay that way after this year's annual program, up from 83 participants who made that commitment after last year's Low-Car Diet.

Key findings from this year's challenge:

Economic impact:

- Respondents spent 67 per cent less on vehicle-related costs compared to the previous month when they drove their own cars.

Environmental impact:

- 59 per cent of the participants reported that the Low-Car Diet encouraged them to make other environmentally friendly changes in their life such as recycling, eating more organic foods and reducing their at-home energy usage (like turning off lights).

- Participants took 74 per cent fewer trips by car and reduced overall kilometres



Kyle Miller, a Toronto resident who participated in this year's Low-Car Diet Challenge.

travelled by 66 per cent.

- Low-Car Dieters also doubled their public transit ridership with a 98 per cent increased use of public transportation.

Health benefits:

- Participants walked 93 per cent more and biked 132 per cent more, logging a combined total of 12,968 kilometres by bike during the Low-Car Diet month.
- 47 per cent of participants said they lost weight — a total of 413 pounds.

METRO NEWS SERVICES

School supplies going green to meet demand

BACK TO SCHOOL Kids today are keen about the environment so it's only natural for them to want the greenest school supplies — from chipboard binders to biodegradable report covers.

In a recent Staples Canada and Angus Reid survey, 80 per cent of back-to-school shoppers said they are thinking about environmentally-friendly options for school supplies this season.

"Staples has always been at the forefront of offering sustainable products. It's important for us as a low-cost operator to consider value and the environment," said Steve Matyas, president of Staples Canada.

With more than 2,000 eco-conscious products,

Matyas says the retailer takes the health of the environment seriously. "Not only do we run the Recycle For Education program, we've also helped to reduce the packaging of products being delivered to our stores."

Under the program, Staples stores across Canada collect and recycle used ink and toner cartridges. Cartridges are dropped into recycling bins at the store and the retailer donates funds back to local schools.

Back-to-school shopping is one of those necessary expenditures so why not add value to the experience by investing in school supplies that are good for the environment.

NEWS CANADA

Green Mining Initiative aims to strike a balance

EarthTones

Sophia Dore & Andrew Laursen



metronews.ca/earthtones

We think that environmental responsibility starts when activism meets pragmatism. In our youth, one member of this writing team was an industry-hating, tree-hugging, protest-walking, T-shirt-slogan-wearing environmentalist (of course, for balance, the other was a muscle car driving, resource guzzling, beer-slogan T-shirt wearing Alex P Keaton wannabe).

Upon aging, however we realize that, as appealing as it sometime sounds, we can't just live in a cave and eat nuts and berries. Modern life requires stuff, stuff that must be made of raw material that must be generated and needs energy and equipment to make it into the stuff we want and that

requires industry. Furthermore, industry provides jobs, and is the backbone of communities. Therefore polluting industries cannot just be closed or fined out of existence. We can only move forward by partnering with these industries and helping them to become environmental responsible and sustainable.

The mining industry is a case in point. Traditionally a very important part of Canada's resource based economy, it has historically been very bad for the environment. Hundreds of acid-

raw materials to make stuff, we will need to go on extracting materials from the earth.

Natural Resources Canada is trying to strike a balance between environmental and industrial interests with their Green Mining Initiative (GMI). The GMI is intended as a holistic approach that addresses all mining issues. The four themes of the GMI are footprint reduction, innovation in mine waste management, ecosystem risk management, and mine closure and rehabilitation.

Footprint reduction means "low impact" mining. Extracting metals etc. more efficiently and leaving more of what we don't need in the ground to generate less waste. Innovation in mine waste management is, of course, the development of new technologies to deal with, and mitigate the risks from mine waste. Ecosystem risk management involves understanding how contaminants from mines can affect the environment and therefore knowing what needs to be controlled. Mine closure and rehabilitation involves dealing

with the 10,000 orphaned or abandoned mines that are the legacy of Canada's mining traditions.

Funding for the GMI is coming from the federal government as well as from the private sector (mining companies). The work will be done by CANMET Mining and Mineral Sciences Laboratories, Natural Resources Canada's research laboratories and through partnerships with other research entities such as universities.

We will watch with interest for the results of the GMI. If mining can be made environmentally benign then there is hope for us all.

Sophia Dore is an environmental scientist with Conestoga-Rovers & Associates. Andrew Laursen is an assistant professor at Ryerson University; earthtones.metro@gmail.com.



ified lakes and dead trees downwind of Sudbury, Ont. are evidence of that.

Mines also produce a large amount of waste and leachate from this waste is often highly acidic and presents an environmental hazard. That said, we can't just stop mining. For the sake of the economy, of people and communities that depend on mining, and because we need the

novation in mine waste management is, of course, the development of new technologies to deal with, and mitigate the risks from mine waste. Ecosystem risk management involves understanding how contaminants from mines can affect the environment and therefore knowing what needs to be controlled. Mine closure and rehabilitation involves dealing

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U.S. bank regulators closed Affinity Bank of Ventura, Ca., Friday, the 84th U.S. bank to fail this year as economic weakness continues to take a toll on financial institutions. The Federal Deposit Insurance Corp said Affinity had \$1 billion in assets and about \$922 million in deposits. **REUTERS**

California bank closed by U.S. regulators

Business



Dealers warned on 'cash for clunkers'

Ontario's regulator for auto dealers has warned that using the "cash for clunkers" phrase in promotions is deceptive and misleading. The Ontario Motor Vehicle Industry Council issued the warning recently and a cease-and-desist order against a group of dealers at an auto mall in the Toronto area. It came after they constructed a website offering up to \$4,500 to scrap old vehicles and buy new models, suggesting it was tied to a government program. **TORSTAR NEWS SERVICE**

EDITOR: FERMIN.DESOUZA@METRONWS.CA

Gulf nations grow food abroad

LAND Gulf states seeking farmland for food security are going underground as the deals, seen by many as land grabs, risk tarnishing their reputation, an independent consultant advising the region on the deals said yesterday.

Gulf Arab countries, heavily reliant on food imports, have been buying farmland in developing nations to ensure food security, following spikes in basic commodity prices.

Foreign land acquisitions have provoked opposition from some sectors and from many farmers in developing nations.

Over the past couple of years a number of Gulf investors have been leasing farmland in Pakistan and managed to increase agricultural produce of around 200,000 acres. **REUTERS**

Christmas in August

X-mas shopping season starting earlier and earlier

Boxes of red velvet Santas and "real feel" pre-lit Christmas trees line the aisles at a Costco store in Toronto — right next to the barbecues left over from an unseasonably cool and economically challenging summer.

The Sears Christmas catalogue landed on John Williams's doorstep two weeks ago — the day after he got back from a warm summer holiday.

A shopper reports seeing a Christmas ad on TV, but was mistaken about the retailer. Not us, Canadian Tire Corp. said later.

Still, it seems Christmas is coming earlier every year, and some consumers are far from happy.

"It's disgusting," said Lori Yarrow, a chiropractor pushing a cart full of groceries through the Costco last week. "People already



Shoppers still in their summer shorts pass by a Christmas display at Costco in Toronto last week. After a disastrous Christmas last year and lacklustre sales most of this year, many retailers are desperate to make up the shortfall in the final four months.

complain it's too commercial. You come to Costco and overindulge and you think, it's August, and I should be buying for Christmas."

Not that long ago, consumers seemed surprised — and dismayed — to see Christmas decor in the

stores before Halloween.

This year, the season seems to have started well before Labour Day.

It seems particularly jarring after a cool summer to see garlands of green and red showing up in stores just as the thermometer finally soared.

But after a disastrous Christmas last year and lacklustre sales most of this year, many retailers are desperate to make up the shortfall in the final four months.

Retailers need the business, industry experts say, especially in the U.S. where the economic crisis forced thousands of stores to close their doors this year.

Still, Canadian retailers insist they're not doing anything earlier than usual this year — no matter how it feels to shoppers.

TORSTAR NEWS SERVICE

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Congratulations to **Roseanne Kaizer** — this month's winner of a Metro's Kooolest Voter prize! Roseanne can pick up her prize pack at the Kool FM offices on Kempt Road!



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BMO tries to help clients save

FINANCES Bank of Montreal launched a program in June called "SmartSteps" to give clients practical tips on organizing their finances during the recession.

According to the program, branch staff must find a way to save customers money on the spot and in under 20 minutes.

Customers are given a small blue booklet that centres on five practical tips to lower fees, reduce interest costs and pay less money in taxes.

"This is just a book with a short list of things that you might want to think about to improve your own financial situation," said president and CEO Bill

"This is just a book with a short list of things that you might want to think about to improve your own financial situation."

Bill Downe, president and CEO of BMO

Downe.

- Start an automatic savings plan. By saving \$50 a week, one can save \$2,600 plus interest in a year.

- Control bank fees by choosing the right plan; too many people needlessly fritter away money on debit fees.

- Pay your mortgage bi-weekly to pay off the loan four years faster. It is possible to save more than \$47,000 in interest charges that way.

- Take advantage of the tax-free savings accounts.
- Avoid nasty penalties for insufficient funds through automated money transfers.

BMO developed the program after commissioning a survey earlier this year that found 79 per cent of respondents reported they needed "immediate help" with money management during the economic downturn.

TORSTAR NEWS SERVICE

Business in brief

NORTEL Bankrupt Canadian telecom equipment maker Nortel Networks Corp owes the United States Internal Revenue Service a staggering \$3 billion in taxes and interest, according to a claim filed in the company's bankruptcy case.

STEEL U.S. Steel is restarting the blast furnace at its Hamilton, Ont., mill after a nine-month shutdown, the company said on Friday, adding that demand for the metal was picking up.

PLANT SHUTDOWN Whirlpool Corp plans to shut a plant in Evansville, Ind., and move some production to Mexico next year, a change that will eliminate about 1.6 per cent of the world's biggest appliance maker's workforce. **REUTERS**

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Lions open training camp

The Halifax Lions opened training camp on Saturday at the Forum with roughly 30 players vying for jobs. The club, which went 10-39-2-3 last season, begins its second Maritime Junior A Hockey League campaign on Sept. 17. **METRO HALIFAX**

11

Sports

**MacAskill finds new home**

Former Halifax Mooseheads blue-liner Ben MacAskill has landed with the Truro Bearcats of the Maritime Junior A Hockey League. MacAskill, cut last week by the Mooseheads after 224 games of service, was drafted by the Bearcats in 2006. **METRO HALIFAX**

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Record haul for Nova Scotia

Province brings home 52 medals from Canada Games, good for fifth place

MATTHEW WUEST
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The drive back from the Canada Games wasn't a long one, but it was a happy one for many Nova Scotians.

The province paraded back from the event in Prince Edward Island yesterday with 52 medals, a healthy total that smashed the previous best of 47 set in 2001 in London, Ont.

It placed fifth in the medal standings, fourth in gold medals with 26, first in medals per capita and fifth in flag points for its best Canada Games showing in history.

"We're all kind of proud of ourselves," said Waverley paddler Shaun Fair, who won a pair of gold medals and a bronze in kayak events.

"None of us thought we couldn't do it. Every team really gave it their all right down to the final stretch and it was great. Everyone is happy with how they did."

Nova Scotia entered the weekend with 34 medals and won 18 on Friday to shatter the record.

The canoe-kayak team captured 15 medals on Friday while two came



Members of Nova Scotia's soccer and volleyball teams wave provincial flags at the closing ceremonies of the Canada Games in Charlottetown, P.E.I., on Saturday. Nova Scotia set a provincial record for medals at the event with 52.

from athletics and one from swimming, capping a 45-medal Week 2.

"It was an outstanding two weeks for Nova Scotia," said chef de mission

Ron O'Flaherty.

"We certainly showed the rest of Canada that

Final standings

	Medal standings			
	G	S	B	Tot
Ontario	70	68	64	202
Quebec	42	53	50	145
B.C.	57	43	44	144
Alberta	20	31	25	76
Nova Scotia	26	10	16	52
Saskatchewan	13	15	20	48
	Flag points			
	G	S	B	Tot
Ontario	274.0			
B.C.	256.0			
Quebec	244.0			
Alberta	212.5			
Nova Scotia	159.5			
Saskatchewan	158.5			

Nova Scotia can compete at that level."

Fair and his canoe-kayak teammates were the biggest contributors to the success with a record 31 medals. That beat the paddling team's previous best of 28 set in 2005 in Regina.

"To be on top of the pile and to be able to maintain that, to me, is a considerable achievement," said O'Flaherty.

Flaherty said the results "reinforces that hard work and commitment will lead to success."

"The overall sport community in the province can take pride in the results of the athletes at these Games," O'Flaherty said.

"I think it's both motivating and satisfying."

Khambtral takes title at N.S. Open

TENNIS Edmonton's Shaun Khambtral claimed the Nova Scotia Open men's tennis crown on Saturday in Halifax.

Khambtral swept third seed and two-time champ

Andrew Ling

of Halifax 6-

2, 6-3 at the

Courtyard

Tennis Club

after wet

conditions

forced a

move from

the

Waegwoltic

Club.

Ling had defeated record eight-time champion Andrew Oxner of Halifax in the semifinals on Friday.

On the women's side, Dartmouth's Mariske Nel ousted No. 1 seed and Halifax native Amy Sherlock 6-2, 6-2.

Andrew Ling

METRO HALIFAX

Sports in brief

BASEBALL The Nova Scotia Senior Baseball League playoffs were put on hold on the weekend because of the wet weather. Game 2 of the Dartmouth Moosehead Dry-Kentville Wildcats best-of-seven semifinal will be played tonight at 7:30 p.m. at Memorial Park. The Halifax Pelham Molson Canadians-Truro Bearcats semifinal, meanwhile, will see Game 2 played tomorrow at 7:30 p.m. at TAAC Grounds. Dartmouth and Halifax have 1-0 series leads.

QMJHL The Quebec Major Junior Hockey League has added another \$1,000 per year per player to its education bursary program, bumping the annual total from \$4,000 to \$5,000. The league also announced it has reduced the minimum requirement to receive bursaries from two seasons to one.

SOCCER Matt Berrigan's goal in the 30th minute lifted Halifax City to a 1-0 win over Cape Breton and Soccer Nova Scotia's boys under-18 title on Saturday in Halifax. Andrew Morrison had the shutout. In the girls final, Janelle Sampson lifted Dartmouth United to a 1-0 win over Halifax County.

SAILING The masters portion of the world laser sailing championships got underway at the St. Margaret Sailing Club on the weekend. More than 300 competitors aged 35 to 77 hit the water yesterday to open the week-long event.

METRO HALIFAX

Anderson helps Canada get off to good start

BASKETBALL Former Halifax Rainmen point guard Jermaine Anderson has helped Canada get off to a 2-1 start at the FIBA Americas tournament in San Juan, Puerto Rico.

Canada suffered its first loss to Uruguay on Saturday after wins over the Virgin Islands and Mexico.

It was facing host Puerto Rico last night.

Anderson, who starred for the Rainmen in 2007-08, is averaging 7.3 points and 5.7 assists per game thus far.

METRO HALIFAX

'I've got their back' Metcalfe says of young teammates

MATTHEW WUEST
matthew.wuest@metronews.ca

Spencer Metcalfe made his presence felt in the Halifax Mooseheads' lineup on Saturday night.

The recently acquired defenceman, dubbed the team's "big brother" by head coach and general manager Cam Russell, dropped the gloves twice in a QMJHL pre-season game against the Moncton Wildcats at the Forum and barked at anybody who looked at his teammates the wrong way.

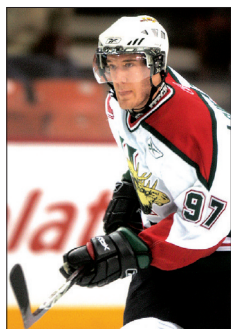
Metcalfe had little trouble handling Scott Trask in the first period and Chuckie Schembri in the third before being ejected in the 4-3 shootout win before about 1,500 fans.

"Both those guys I fought hit our young guys pretty big," the 19-year-old defenceman from Oakville, Ont., said. "I decided to step up and show them I've got their back."

The six-foot 184-pounder who was acquired from the Gatineau Olympiques for a late-round draft choice, is expected to play in the Mooseheads' top-six defensive rotation.

Although he has gone toe-to-toe with feared tough guys Ashton Bernard and Mike Thomas, Metcalfe was quick to say fans shouldn't expect two-fight games on a nightly basis.

"I'm experienced and I'm trying to help the young guys and protect them a little bit," he said.



Eric Louis-Seize has been cut by the Mooseheads.

"I'm not going to be a goon out there. I'm just going to show them the ropes."

Yuri Cheremetiev scored a pair, including the game-tying goal with 30 seconds left, and rook-

ie Carl Gelinas added a single. Matthew Boudreau had the shootout winner.

LOUIS-SEIZE CUT Eric Louis-Seize, a 20-year-old winger, was cut on Saturday, leaving 37 players at camp. The three overagers remaining — Cheremetiev, Alexandre Brunet and Linden Bahm — are expected to be on the opening-night roster.

Louis-Seize, a hard-hitting role player, appeared in 121 games with the Mooseheads, recording 10 goals and 10 assists.

GREER TRIES AGAIN Former Halifax Mooseheads defenceman Richard Greer is trying out with the Cape Breton Screaming Eagles. The 18-year-old is hoping to secure a job after being cut by the Montreal Junior last week.

For more sports coverage visit:

metronews.ca/sports

Kimi Raikkonen held off Force India driver Giancarlo Fisichella to win Formula One's Belgian Grand Prix, the Ferrari driver's fourth triumph at the track in the past five years. The former champion, who started sixth yesterday, overtook pole sitter Fisichella after the safety car came in following accidents on the opening lap. **METRO NEWS SERVICES**

Men's eight take world rowing silver

Canadians second to Germany in final, new crew left looking for answers

Canada's predicament in the men's eight final at the world rowing championships was summed up succinctly by Olympic gold medallist Malcolm Howard:

"The truth of it is the Germans asked us the question in the middle of that race and we didn't have the answer for it," Howard said. They have plenty of time

to find it between now and the 2012 London Olympics. Also, they aren't the only Canadian crew looking for answers.

It was a strong showing for the Canadian men's eight yesterday at Poznan, Poland, winning a silver medal behind the Germans with only two members returning from the squad that was dominant in win-

ning Olympic gold last summer. The Germans, looking for revenge after not making the final in Beijing, won by more than three seconds.

"If you want to talk in terms of Olympic cycles, this is a fantastic start," coxswain Mark Laidlaw of Mississauga said. "We've got a very strong group and a very enthusiastic group,

which I think is even equally important as to how strong it is."

There was some disappointment among the other crews, particularly the lightweight doubles in which Doug Vandor of DeWittville, Que., and Cam Sylvester of Caledon were fifth in the men's race and Sheryl Preston of North Delta, B.C., and Lindsay Jen-

"If you want to talk in terms of Olympic cycles, this is a fantastic start."

Mark Laidlaw, coxswain

nerich of Victoria were last among six in the women's final. The Canadian women's eight was also sixth. Both lightweight crews were expected to contend, but coach Mike Spracklen thought they succumbed to the pressure.

"They were capable of being amongst the leaders fighting for medals, but neither performed," Spracklen said. "It's unusual to get two boats that don't perform, but unfortunately that's what happened." **TORSTAR NEWS SERVICES**

Sports in brief

TENNIS U.S. Open players and their entourages are being told to be careful about what they post on their Twitter accounts. The message from the Tennis Integrity Unit points out that Twitter messages could violate the sport's anti-corruption rules. Tweeting is not allowed on court during matches.

GOLF Heath Slocum won the opening of golf's playoffs, The Barclays, yesterday by sinking a 20-foot par putt on the final hole for a one-shot victory over Steve Stricker. Slocum finished the tournament at 9-under. Mike Weir of Bright's Grove, Ont.,

shot 71 to finish tied for 33rd.

NASCAR Carl Edwards won the NAPA Auto Parts 200 in Montreal, while local favourites Andrew Ranger and Jacques Villeneuve finished third and fourth at the NASCAR Nationwide event yesterday at Circuit Gilles Villeneuve.

SOCCER Emmanuel Adebayor scored his third goal in as many Premier League matches to give Manchester City a 1-0 win at Portsmouth yesterday, maintaining the club's perfect start to the season. Also yesterday, Everton rallied to beat Wigan 2-1 as Leighton Baines

converted a 90th-minute penalty against his former club. In yesterday's late match, Aston Villa bested Fulham 2-0.

BASEBALL Zack Greinke pitched a one-hitter, allowing only a second-inning single by Kenji Johjima, and the Kansas City Royals beat the Seattle Mariners 3-0 yesterday. Greinke (13-8) retired the final 22 batters after Johjima's two-out single up the middle.

BASEBALL California fell behind early, but rallied to beat Taoyuan, Taiwan, 6-3 yesterday to win the Little League World Series. **METRO NEWS SERVICES**

Blue Jays Play at the plate



Boston's J.D. Drew scores around Toronto catcher Rod Barajas on an RBI single by Alex Gonzalez yesterday at Fenway Park in Boston. The Red Sox beat the Blue Jays 7-0.

Membership has its privileges

It's Called Football



et's have some fun with this: Toronto FC director of business operations Paul Beirne posed the question to some of the TFC supporters groups last week — if the club had a membership, what should it include and how much should it cost?

TFC is looking at it in terms of the European model, which, in some cases, allows members to vote out presidents, coaches and have a say on the operations of the team. The cynics, as they often do in this town, have jumped all over the quasi-proposal "as just another way for MLSE to get its money grubbing hands on our hard earned dollars." It's an argument that is as accurate as it is tired and worn out. MLSE is a business. It aims to make money. Get over it.

I'm by no means in favour of the blind-support movement, but the opportunity to get creative with this open-ended proposal is too tempting to pass up. Ask for anything? OK, I will.

Some things I'd like to see included in the Toronto FC membership:

One day a year, a Toronto FC player comes to your house to help out. Chad Barrett could cut your lawn. How about Carl Robinson cooking you breakfast? Or maybe Danny Dichio looks after your Grandma and has a nice cup of tea with her.

Maybe you're thinking, "I don't care how hard a worker Chad Barrett is. I don't need him tending to my lawn. I want the team to win."

So how about in years the team doesn't make the playoffs, the members get to choose someone from the MLSE brass to go in a carnival dunk tank? Someone like Richard Peddie, for example.

In the same spirit, how

about an annual Survivor contest? Fans could choose three players deemed to be the most overpaid/rated/played and send them off to an island. The survivor comes back next season to play with the team. This would take that whole competing-for-positions thing that coach Chris Cummins likes to another level.

Annual TFC WAG (wives and girlfriends) calendars;

control of supporters' section seating; and a lower, flat rate on beer would all be nice, too.

MLSE can dress it up all it wants, but at the end of the day the best way to engage soccer fans isn't through gimmicks like a membership. The best way to engage soccer fans is through open, transparent dealings — something a lot of supporters have been clamouring for lately.

gage soccer fans isn't through gimmicks like a membership. The best way to engage soccer fans is through open, transparent dealings — something a lot of supporters have been clamouring for lately.

Watch Ben Rycroft on the It's Called Football show every Monday at metronews.ca; ben.rycroft@metronews.ca

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Provincial funding cuts affect uAlberta disability help centre

When the Alberta government decided last December not to renew an annual \$2.5-million provincewide grant for exam accommodations, the University of Alberta's student disability help centre lost nearly a fifth of its funding. **METRO NEWS SERVICES**

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Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

New alarm system at Carleton

Yesterday Carleton University launched its new Emergency Notification System, which it calls the most comprehensive of its kind on a university campus in the country. The system can issue a PC desktop alert delivering an on-screen message as it locks thousands of on-campus computers, mass e-mail notifications, and text messages. Carleton recently settled a lawsuit with a student assaulted on campus two years ago who accused the school of failing to provide adequate safety measures. **METRO NEWS SERVICES**

The double standard

Studies show women thriving and men aren't adapting

RAFAEL BRUSILOV
for Metro Canada



As equality in the workplace becomes less elusive for women, inequalities in home life still threaten to hold them back.

Reports from Statistics Canada show that while men are doing more household chores and women are doing more paid work, men still spend only 1.4 hours per day on housework compared to the 2.4 hours on average done by women.

The result is that while women have continued to break down barriers in the workplace, they still face the challenge of having to do more work at home than men as well as a double-standard of being seen as innately overstretched by their responsibilities.

When Ontario Superior Court judge Douglas Cunningham told a courtroom in August that he felt Ontario MPP Lisa MacLeod's testimony in the corruption trial of Ottawa mayor Larry O'Brien was unreliable because she had "a number of rather significant things going on in her life," including taking care of her kids, many in the public and the media took that to mean he didn't think a busy woman could give reliable testimony.

Carissa Reiniger, president of Women Entrepreneurs of Canada, says while the context of the judge's comments is still up to debate, the perception of working women as less competent at juggling complex lives than men is a common one that boils down mostly to changing gender roles, primarily being changed by women.

"If you look at what's happened in the last 60 years, women have put a lot of time and effort into adjusting their role, to entrench them-

selves into what have traditionally been masculine roles but often they still have to take care of the family," Reiniger said.

Reiniger says most of the tension comes from the fact that while women have made inroads into the previously male-dominated world of business,

men have not made as big of an encroachment into traditionally female roles.

"Unfortunately for a long time the stereotype has been that you've got to be a horrible person as a woman to succeed like a man. That's not true."

Women Entrepreneurs of Canada President Carissa Reiniger

"Many men are quite supportive of women in the workforce but they generally have not, with the same level of tenacity, said 'I want to be a part of the home life.' They've been bombarded by the shift in women's roles but their own role hasn't shifted much," Reiniger said.

Reiniger hopes attitudes will change as people realize that business and familial traits are not gender related at all.

"It's not a sob story to say that women do often have to make a tough choice between working hard and trying to raise a family, though many do so extremely effectively. Unfortunately for a long time the stereotype has been that you've got to be a horrible person as a woman to succeed like a man. That's not true," Reiniger said.



OddJobs

Diane Peters



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The Alderney Gate library will be showing Inkheart as part of its movie afternoon program on Sept. 25 at 2:30 p.m. **METRO NEWS SERVICES**

Fall Programs

After School

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA



Join in

Bring your kids to the library for a games day. Games @ the Library runs from Oct. 18-24 at branches throughout HRM.

METRO NEWS SERVICES

City bustling with activities for kids

JON TATTTRIE
for Metro Halifax

HRM is bustling with activities for kids in those grey hours after school and before the parental working day ends. Rather than just watching TV or playing video games, the city offers a huge range of activities that will challenge children and keep them healthy, while still being fun.

The king of after-school programs is HRM Community Recreation, which oversees 20 city-run recreation centres and another 23 rec centres operated by communities.

"For some of our

younger participants, there are active play and creative play programs that encourage physical activity and fun," says Dustin O'Leary, promotions and research coordinator for HRM Rec. "A variety of sports programs including aquatics, hockey, basketball and soccer classes are offered in after-school hours."

For more introspective kids, the city has creative ways to while away the hours, with art classes, painting, drama, dance and cooking offered after school for youth of all ages, says O'Leary.

Registration for fall programs is under way and winter registration starts



The Halifax Regional School Board's All-City Music Program offers after-school programs for string, band and choral students.

Oct. 20. For a complete listing of all HRM Community Recreation programs, visit halifax.ca/rec or pick up a copy of the Fall/Winter 2009/10 HRM Community Recreation Catalogue.

Families looking for

something more casual can take advantage of youth drop-ins at many of the rec centres.

The city-run website hrmparent.ca is another useful resource for finding fun after-school activities.

For musical kids, the Halifax Regional School Board's All-City Music Program offers after-school programs for string, band and choral students in Halifax and Dartmouth.

"It's a wonderful opportunity for kids to get together from all different schools. They just become great friends," explains Sue Logan, the coordinator of the Dartmouth All-City Music Program.

"The bottom line is, everything is free, or next to free. To go out and get private lessons with any instrument is very expensive."

Go to dacm.hrsb.ns.ca for more information.

Help them EXCEL

There are several before- and after-school programs in HRM that will entertain and educate your student.

One of those programs is the EXCEL Child Care Program. A division of the Halifax Regional School Board, the program offers before- and after-school care in more than 50 elementary schools across the HRM. Developed for students in grades primary to six, it provides activity-focused learning opportunities.

The programs differ in size from 15 to 140 participants per school, but the student to staff ratios remain the same at one to 15. Students can only attend programs at the school they are registered at.

Students also have opportunities to interact with special guests, which have included yoga instructors and local firefighters.

Activities include puzzles, colouring, reading, crafts, science and nature exploration as well as quiet time and healthy snacks.

The after-school program is \$186/month; the morning program is \$74.40/month. For more, visit hrsbsb.ca/content/id/228.html.

— CHRISTINA BILUK
/FOR METRO HALIFAX

Mandarin language course now offered in four schools

CHRISTINA BILUK
for Metro Halifax

Patricia Monaghan has two daughters she adopted from China. She was interested in finding ways to keep the girls engaged in their culture, and develop their Mandarin language skills; however, few opportunities existed at the time

in HRM. So, two and a half years ago, she started the Mandarin After School Program.

The program is designed to serve as an enrichment foreign language program for elementary school children ages 4-12 who are registered within the Halifax Regional School Board.

The school offers students an opportunity to

learn Mandarin through a variety of creative, interactive and engaging techniques. The program focuses on developing the basic core topic of daily life as well as discussions of Chinese culture, history, geography and folklore.

Part of the Mandarin English Education Association of Nova Scotia, this program is the only one of

its kind in Nova Scotia. Last year, it was piloted successfully in three schools.

This year, the program will be offered in four schools: Ecole Grosvenor Wentworth Park School, Hammonds Plains Consolidated School, Ecole Sunny-side Elementary School Eglewood Location, and Crichton Park Elementary School.

The program has capacity to offer up to 60 children opportunities to participate in this year-long program. It costs \$950 per school year, or 10 monthly payments of \$95. In addition, a one-time material fee of \$30 is required.

For more, call Patricia Monaghan at 902-484-0113 or email pmonaghan@hfx.eastlink.ca.



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Like art?

The Art Club kicks off on Sept. 9, and runs every Wednesday from 4 p.m. to 5 p.m. at the Halifax North library. **METRO NEWS SERVICES**

fall programs: after school **15**

Homework Clubs build confidence

CHRISTINA BILUK
for Metro Halifax

Joining a Homework Club can help your child build confidence, complete their schoolwork on time, meet new people and gain mentorship from older students in their community.

Homework Clubs have been in existence for years, but it wasn't until recently that Frontier College, a not-for-profit organization, helped join them together in Halifax. Frontier College has been providing literacy skill development programs across Canada for more than 110 years.

Currently, the Frontier College services four Homework Clubs in the HRM. These clubs are located at: Bayers Westwood Family Resource Centre, George Dixon Community Centre, St. Andrews Recreation Centre and Boys & Girls Club of Spryfield.

Every Monday at 4 p.m., the Boys & Girls Club of Spryfield Homework Club commences. This fall, it will be integrating its popular science club, the Zone, into the homework club, offering attendees an opportunity to conduct science experiments.

To find out more about HRM Homework Clubs, contact the host centres, or Ramona Clark at 902-494-7003.

Programs key to keep youth safe: Report

JOHN TATTTRIE
for Metro Halifax

For many kids, after-school programming consist of slumping in front of the TV or video game console, but it's also a high-risk time for youths to stray into dangerous activities, experts warn.

One in four Canadian children is overweight or obese, todaysparent.com reports, and just one in 10 gets enough exercise. The website describes the after-school hours as "ground zero for unhealthy temptations — screen time and junk food."

It adds that 80 per cent of kids want after-school activities, but have no access



Avoid letting your children fill their after-school programming with TV and video games, experts suggest.

or don't know where to go. That can spell trouble.

"The time between 3 and 6 p.m. is the 'prime time for crime,'" says Maureen Anglin of the Middle Child-

hood Matters Coalition. "This includes getting involved in crime and/or being a victim of crime. As well, the productivity of parents is reduced during

this time, as they are concerned about what their children are doing and who they are with."

Anglin's group released a comprehensive study of after-school programs in Toronto earlier this year. It found less than 10 per cent of kids were involved in such programs. While acknowledging many kids are taken care of by family, friends or recreational program staff after school, she says those who aren't are at risk. Good after-school programming can mitigate that danger.

"The benefits are that they are involved in activities that promote mental and physical development, they are supervised by trained staff members and

they are also able to interact with their peers and their mentors," she says. "We do feel that through spending money on these programs, it will reduce other costs, as research has shown that children in after-school programs succeed better both academically and socially."

The need for after-school programming is rising, Anglin notes, as more and more parents are now working, meaning their children need after-school care.

"These programs support and complement the schools by building homework help, literacy activities and physical activities into their programs," she says.

Games, crafts, book clubs on offer at local libraries

JOHN TATTTRIE
for Metro Halifax

When the school bell rings, many children head straight for the library.

"The majority of children — ages eight to 13 — that we see come in (are) on their own," says Kim McKay, the librarian who oversees after-school programs at Dartmouth North. "They'll come into play games, to read — we love it when they come in here to read! — and they also come to use computers."

Some kids just want the space to hang out to read magazines or check their email, while others want to

play. Dartmouth North's Board Game Bonanza is popular with the latter. The library keeps the games ready Monday to Saturday afternoons, so groups of kids (or single kids looking to join a group) can borrow them and start playing.

They also have crafts for kids aged five and up.

The crafts range from wrestling rings to duct-tape wallets; think Red Green for kids. The crafts are seasonally themed, so kids can make Halloween creations in October and Christmas treats in December.

"Something we're very proud of is our book club for ages eight to 12," says McKay of the Thursday af-

ternoon program. The group is currently reading a Diary of a Wimpy Kid book and the sessions are tailored to young readers. "It's more fluid. They chose the book and instead of everybody coming having read the whole book, they will sit in a circle and each child reads

however much they're comfortable with."

The libraries are going high-tech with Games @ the Library from Oct. 18 to 24. Several branches will hold afternoon Wii and Dance Dance Revolution competitions, among others.

"People visit the library

for all sorts of reasons: to meet friends, to use computers, to enjoy musical performances or to play games," said Darlene Beck, branch manager of the Spring Garden Road Memorial Library and program planner for Games @ the Library.



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Dartmouth was not just a bedroom community for Halifax. It had commerce and industries of its own, including a Volvo car assembly plant and a molasses plant dating back to the days of the "triangular trade" with the West Indies. WIKIPEDIA.ORG

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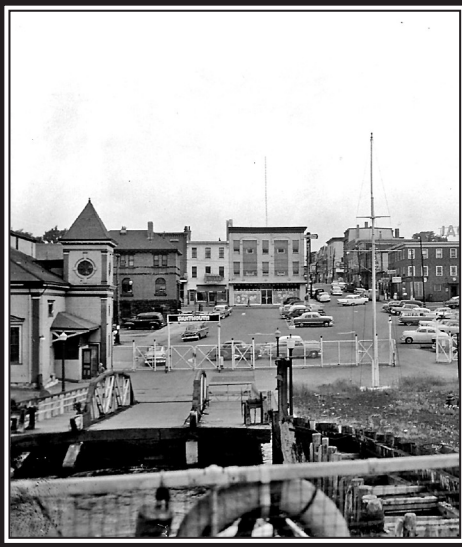
Dartmouth

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

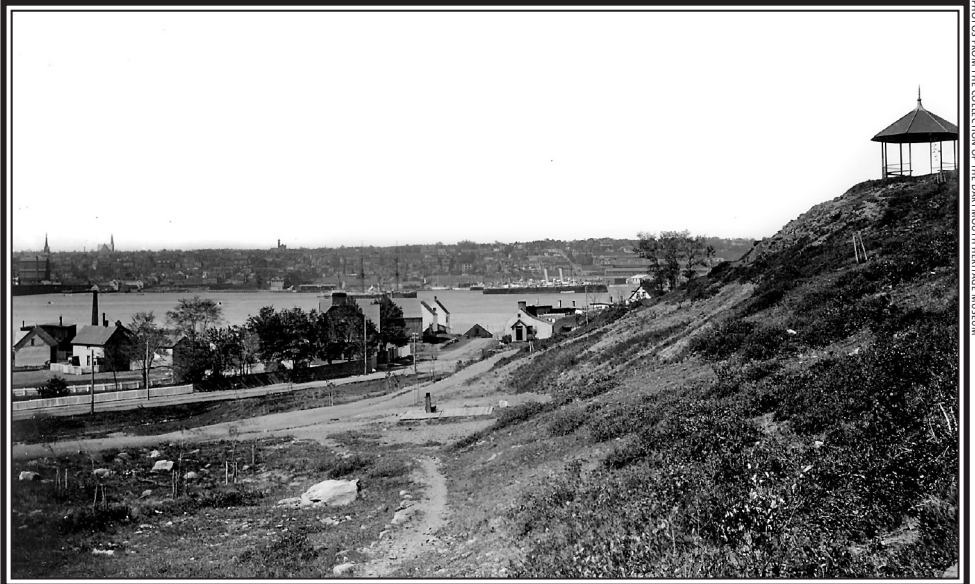
Famous faces

Some of Dartmouth's most famous locals include singer Matt Mays, musician Joel Plaskett, left, former Major League Baseball pitcher Vince Horsman, and most of the Trailer Park Boys performers.

WIKIPEDIA.ORG



Dartmouth's ferry terminal, circa 1955, above, and a view of Halifax from Dartmouth Park, circa 1890, at right.



PHOTOS FROM THE COLLECTION OF THE DARTMOUTH HERITAGE MUSEUM

Dartmouth's history long, proud

JON TATTRE
for Metro Halifax



From Mi'kmaq sailors to Quaker whalers, Dartmouth has a long history. Much of it has vanished, but some remains visible, if you know where to look.

Alex Somerville leads the Dartmouth Heritage Museum's Time Travel Walking Tours of Dartmouth in the summer and recently showed Metro the highlights, starting at the ferry service.

"It started in 1752," he says, which makes it the

oldest continuously operating saltwater ferry in North America. It was built to connect the two new harbour cities and a special Sunday service brought Dartmouthians to church in Halifax.

Next up is Quaker House (57 Ochterloney St.), the oldest home in Dartmouth. It was built by the Quaker whalers who came from Nantucket in the 1780s seeking religious and economic freedom after the U.S. revolution.

Though, ironically, they departed for Wales after just seven years, the immigrants left behind a thriving



A photo of Sullivan's Pond, circa 1895.

ship industry, built to service the Quaker whaling ships. The house now operates as a museum.

Ochterloney Street itself was named for Superintendent Alexander Ochterloney who, in 1796, helped settle a group of 600 Jamaican immigrants on ap-

proximately 5,000 acres of Dartmouth land, purchased with funds from the Jamaican government.

Somerville heads up Ochterloney Street to Christ Church, the oldest church in Dartmouth. "The cornerstone was laid in 1817," he says. "The build-

To learn more

- Learn more at the Dartmouth Heritage Museum by calling 464-2300, visiting dartmouthheritagemuseum.ns.ca or stopping by at 26 Newcastle St.

ing is remarkably original, including the weather vane which represents Haley's Comet, which was seen in the year of the church's construction."

An influx of Irish immigrants came in 1826 to help build the Shubenacadie Canal, Somerville says. The

waterway actually started 10,000 years ago, when the Mi'kmaq used the network of lakes to travel from what is now Dartmouth to the Bay of Fundy.

"The Europeans couldn't carry their boats over the heads, so they decided to dig out the earth between the lakes," he explains. The canal opened in 1860, but was almost instantly eclipsed by the newly built railroad.

Although you wouldn't guess it to look at the renovated home, the private residence at 133 Ochterloney was built to house the Irish in 1831.

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Did you know?

Dartmouth was incorporated as a town in 1873, and a Town Hall was established in 1877. WIKIPEDIA.ORG

your neighbourhood: dartmouth **17**

McCluskey a great role model: Younger

JON TATTRE
for Metro Halifax



Enoch Powell said all political careers end in failure, but Dartmouth political veteran Gloria McCluskey's career was only briefly interrupted by it.

"I started being interested in politics when I was about 20," the Dartmouth Centre councillor said in an interview last week from the Canada Games in P.E.I., where she was watching her grandchildren compete. She won her first political campaign in 1985, becoming an alderman in Dartmouth. She rose to deputy mayor and then mayor when John Savage went into provincial politics.

McCluskey carried on her political winning streak for

11 and a half years before suffering her first defeat in the mid-1990s.

"I was coerced into running for the (provincial) Liberals one year. When I went around (to constituents) they said, 'You're the best mayor we ever had, but we're not voting Liberal.' I said, 'Good enough,'" she recalls with a laugh. "I knew the first week into the election that I wasn't going anywhere."

She hasn't lost since, though she stepped down after amalgamation in 1996. "I felt very disheartened, so I wouldn't run. I stayed away for eight and a half years," she says.

Her time in the political wilderness was not fun. "I was very bored," she admits. Asked if she was so bored that late-night coun-

"What I really like about politics is working for the public."

Gloria McCluskey

cil meetings seemed more entertaining, she says that she's in fact always liked council meetings.

Her constituents were happy to have her back and voted her onto the HRM council. She was acclaimed at the last election.

"What I really like about politics is working for the public. I love that — I love being able to do things for the residents," she says.

"There's just something about politics — you shouldn't be in politics if you don't like what you're doing."

Andrew Younger sat on HRM council with McCluskey from 2004 until he was elected as Dartmouth East MLA this year. Representing East Dartmouth-The Lakes, he and McCluskey were political neighbours.

"Gloria is by far the hardest-working person on that council. She has very strong convictions; she can be stubborn at times, but I think she knows that," says Younger. "The one thing I really appreciated was she always gave you a straight answer, so you always knew where she stood on an issue."

In a political world full of coy positioning, Younger said McCluskey's frankness stands out and was a great model for himself as a young politician.



Gloria McCluskey, councillor for Dartmouth Centre.

Handcrafting key at festival

RICHARD WOODBURY
for Metro Halifax



It's not easy to be a seller at the Dartmouth Handcrafters Guild Christmas Craft Festival.

"Before anyone can do our show, they have to be juried," says Marg Gagnon, president of the guild. "We have the right to receive them in our show or not to have them."

One of the major requirements for entry is that the products must be 100 per cent handcrafted. Gagnon says she's been making crafts for 25 years and says the Dartmouth show is one of only three locally in which the products are all handcrafted.

Since its first craft show in 1974 at the old Dartmouth Library, the show has grown. It's been at the Sportsplex for so many years now that people think

it's simply called the Dartmouth Sportsplex Show, says Gagnon.

This year's show will run from Oct. 30 to Nov. 1, and organizers are expecting up to 15,000 people to attend. It's \$4 per adult and children under 12 are free.

There are 181 booths available to exhibitors and there are limits for each category of exhibitor.

"We will not allow any more than 15 per category, so we have a good selection in our show," says Gagnon.

Gagnon says some of the items available will include Christmas items, clothing for adults and children, woodworking, ceramics, pottery and jewellery.

Proceeds from the show will go to a charity in need. Plus, all of the crafters donate a piece of their work to the charity, which places the items in a stocking and raffles it off. Last year's charity received about \$10,000.

Centre promotes African Nova Scotia history

RICHARD WOODBURY
for Metro Halifax



For close to 26 years, the Black Cultural Centre for Nova Scotia has played host to some famous visitors, including Rosa Parks and most recently in June, Reverend Jesse Jackson.

"It was awe-inspiring to have an internationally acclaimed civil rights leader enter our building," says Dr. Henry V. Bishop, the chief curator at the Centre.

The centre didn't have a lot of time to prepare for Jackson's visit either — Bishop says they had less than 90 minutes' notice that he was coming for a tour.

The mandate of the Centre is the preservation, protection and promotion of black heritage in Nova Scotia.

During his visit, Jackson



Dr. Henry V. Bishop, chief curator at the Black Cultural Centre for Nova Scotia.

called Nova Scotia "the mecca of black culture in Canada," says Bishop.

"I think he didn't realize the depth of our history."

While many people perceive African Canadian history as only being connected with the Underground Railroad or people coming as slaves or escaping slavery, that isn't accurate, especially in Nova Scotia, says Bishop. He notes

African Nova Scotians were here for 200 years before the Underground Railroad even happened.

And therein lies part of the mission of the centre, promoting the real story of African Nova Scotian history.

"The freedom aspect of it hasn't been emphasized enough," says Bishop.

He notes the perception that blacks come from slavery is something that needs to change.

"We still get that label that we were just slaves and that's all we were. I try to tell our kids, 'Your ancestors were kings and queens.' That's something that shocks the system."

Bishop says the centre is not trying to rewrite history, but it's trying to get people to reconnect with what really happened.

On location at the centre are what Bishop calls "a

"I try to tell our kids, 'Your ancestors were kings and queens.'"

Dr. Henry V. Bishop

smorgasbord of historical materials," such as the pulpit from the demolished Seaview Baptist Church in Africville and a replica of the Victoria Cross earned by Hantsport resident William Hall.

He was the first black person, the first Nova Scotian and one of the first Canadians to receive the Victoria Cross, the highest military honour in the Commonwealth. Hall died in 1904.

The centre is open year-round and is located just outside Dartmouth on the corner of Cherry Brook Road and Main Street.

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'Everyone wins' with waterfront development

JON TATTRIE
for Metro Halifax



The old joke about the best part of Dartmouth being the view of Halifax might soon be reversed, as plans for a major development of its waterfront get under way.

"The King's Wharf is going to be the catalyst to the whole redevelopment of downtown," says Tim Olive, executive director of the Downtown Dartmouth Business Commission.

"That project is going to create 1,250 condominiums — over 2,000 residents — a 200-unit hotel and convention centre and offices for up to 3,000 people.

"It's going to put 5,500 people into our downtown, all of whom will have disposable income."

Add that to NSCC's thousands of students and staff



The King's Wharf is going to be the catalyst for the redevelopment of downtown, says Tim Olive, executive director, Downtown Dartmouth Business Commission.

plus plans for a major cultural centre and Halifax's little brother is ready to grow up.

The project is cutting a few final pieces of red tape that will go before HRM council in September. Work on infrastructure will begin within months.

"I wouldn't think it will be long before you start to see some things going up, instead of just flat, on the site," Olive says. "It really is going to be the new

place to be on Halifax harbour, both from a living (and working) perspective. There is no view on the Halifax side that's equivalent to what's going to be on this site."

The crowning 30-storey tower will rival Halifax's Purdy's Wharf towers as the postcard shot of the city, he predicts. A privately run ferry will run people from King's Wharf to Halifax, making it easy to live on one side and work and

"It really is going to be the new place to be on Halifax harbour."

Tim Olive

shop on the other. "This isn't just a Dartmouth issue. When you're putting \$300 million into an area the size of Halifax-Dartmouth, everyone wins."

In 20 years, the City of Lakes may mirror Halifax. While Halifax has Bayers Lake Business Park and the downtown's eclectic

shops, Dartmouth will counter with Dartmouth Crossing and a bustling downtown shopping district — with one key difference.

"The advantage we have is the family environment. We have a lot of family housing very close to our downtown, where the best

Halifax can have downtown is condominiums and apartments," notes Olive, comparing it to "destination shopping" at the Hydrostone.

"Downtown Dartmouth used to be that way 25 years ago," Olive says. "We see ourselves going back to the future to become a destination shop with bars, restaurants and a broad range of stores, at the level of Spring Garden Road."

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The Main Street Dartmouth and Area Business Association

The Main Street Dartmouth and Area Business Improvement Association was incorporated as a not for profit society in July 2008 and opened its business office at 175 Main Street in May, 2009. Governed by a board of directors elected by the business members, the association is funded by small levy applied to the district commercial tax rate. The Business Improvement District (BID) includes Main Street, Tacoma Drive, Lakecrest Drive and the adjacent shopping centres. The BID's objective

is to enhance the commercial and aesthetic value of the Main Street area and to raise the quality of experience for workers, businesses, residents, investors. The association works on behalf of all businesses in the district and to a service agreement with the Halifax Regional Municipality. The Business Improvement District model has been a proven success in communities throughout North America.

The association envisions the Main Street area of the future

as a safe and welcoming place to work, shop, live and play, with unique retail services and a growing, sustainable residential community. Future development in the Main Street area will be a showpiece for eco-balanced planning, and will promote walking, bicycling and public transit access through creative, transit-oriented urban design.

Since opening the BID office in May, the association staff have been busy visiting local busi-

nesses, building a database, and developing a website set for launch in September, 2009. In the spring, the association received funding through Service Canada to hire a university student. Throughout the summer he performed trash collection and cleaning tasks for the district's streets and storefronts. Local business owners have shown great enthusiasm for his efforts. The BID is also working with the HRM to replace the damaged pole-mount trash containers in the area with new, black enclosed pole-mount units. The association will host

'Business Connects @ Main Street' networking meetings monthly, every third Wednesday, from 8:30 to 9:30 am, starting in September, at Scotiabank in the Westphal Plaza. Also, look for the Main Street BID newsletter later this fall.

The Main Street Dartmouth and Area Business Association looks forward to a bright future, as local businesses work with HRM staff to improve commerce and enhance the quality of life in the Main Street BID area.

Dartmouth Main Street Area Plan Review

In 2008, the Dartmouth Main Street streetscape vision culminated two years of public consultation on the future of the Main Street Business Improvement District and Regional Plan Growth Centre. The vision included input from both residents and businesses, and called for a dense, mixed use village core with great pedestrian spaces, goods and services, and facilities that invite residents to walk or bicycle to obtain daily needs. Council has already acted on many recommendations of the

vision, including re-zoning to prevent any new warehousing and billboard uses. Walkway and landscaping improvements are anticipated for Hartlen Street and the parkette opposite the Community College this fall.

As a further step in implementing the vision, HRM has been taking a comprehensive look at current development by-laws and policies. This "Plan Review" will create a customized Land Use By-Law (LUB) and Secondary Planning Strategy (SPS) for the

core area including Main Street, Tacoma Drive, Gordon Avenue, Lakecrest Drive and Hartlen Street. The new LUB and SPS will provide better guidance and more predictability for businesses, landowners and residents to encourage redevelopment and improvements in line with the vision.

Two public planning workshops have already been held. The first considered local parking issues, while the second explored alternative schemes for build-

ing heights and shapes in relation to the streets. A third public workshop is being planned for October to present a recommended concept and some draft policies.

It is hoped that the new plan and by-law will be in place early in the new year. In the meantime, watch for announcements of the



upcoming public workshop. Your participation will help encourage and shape development in the area for years to come.

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NSCC set to go green

RICHARD WOODBURY
for Metro Halifax



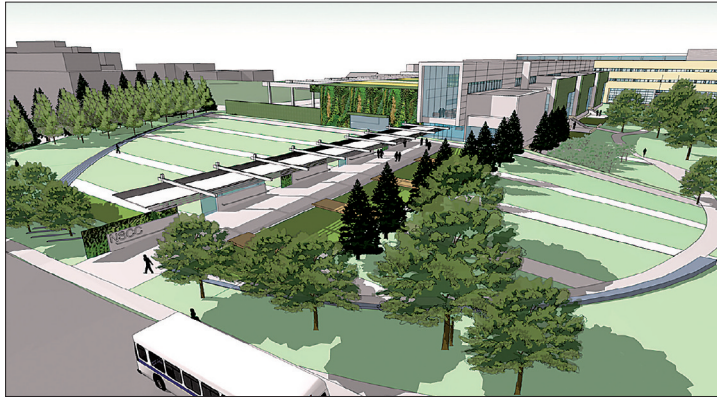
Going green isn't just a buzzword at the Nova Scotia Community College; it's a concept at the core of the college's philosophy.

The latest chapter in the college's move to sustainability is the Centre for the Built Environment (CBE), a state-of-the-art 120,000 square-foot facility that will open in September, 2010. Located on the Dartmouth waterfront, it will link to the Waterfront Campus and will serve as one of the campuses for the School of Trades & Technology.

The project represents a huge step forward in sustainable design, says Waterfront Campus principal Cathy MacLean.

The building will have two indoor biowalls. These are walls that have floor-to-ceiling plants growing on them. These plants also act as natural air filters.

Up until now, there hasn't been an outdoor biowall built that was able



Nova Scotia Community College's Centre for the Built Environment is set to open next September.

to handle the harsh Nova Scotian climate, says MacLean. Working with the horticultural students at the Kingstec campus in the Valley, the school has developed one.

"They've been able to come up with a system with native plants that would survive in our harsh climate," says MacLean.

"It will probably have commercial opportunities as well," she notes.

The school will also have planted green roofs, which will help reduce heating and cooling costs and increase the roof's life.

Other green initiatives include 38 geothermal wells, which will provide all of the cooling needs for the building and half of the building's heating needs, she says.

MacLean says more and more people are recognizing the need to incorpo-

"I would call it the greenest building in Nova Scotia right now." Sajjad Rad

rate sustainability into building design.

"One of the greatest impacts on the environment has been the way we traditionally build," she says. "Architects and builders are starting to realize we



Sajjad Rad, a 26-year-old student at NSCC, is working on the construction of the centre as a research assistant.

need to be more conscious of our sustainability agenda."

One person who truly appreciates this project is Sajjad Rad, a 26-year-old student at the NSCC. He's entering his second year of construction management studies and is working on the construction of the CBE as a research assistant.

"I think this is a huge chance to apply all of my

knowledge," he says.

Rad says part of the thrill of working on the project is that it's not just an average building.

"It's even better than working on a regular commercial building because I am learning the best and most up-to-date green technologies."

"I think I would call it the greenest building in Nova Scotia right now," he adds.

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your neighbourhood: dartmouth 21

Local volunteers give back

JON TATTRIE
for Metro Halifax



Some Dartmouth residents feel the city has given them so much, they want to give back. That can mean helping fund cancer research or traveling across the country after high school.

Dawn Hemsworth has been volunteering with the Canadian Cancer Society for 19 years and was honoured with a Certificate of Merit Award from the society earlier this year.

The society describes her as a "passionate" and dedicated fundraiser. She began her journey with the Canadian Cancer Society in 1990 as a door-to-door canvasser. Since then, she has helped raise tens of



Katimavik takes a group of young volunteers across Canada to work on community projects as part of its nine-month program.

thousands of dollars.

Hemsworth is quick to share her accolades with her Relay for Life team. "These people are amazing," she says, "and they receive very little acknowledgement."

Hemsworth notes the

team has raised close to \$500,000 by working long hours over the past four or five years. Hemsworth got into the relay to support her friend, Gail Stevens, who beat cancer twice.

The retired Shannon Park school teacher says she sticks to it because of the people she works with.

"The idea that you're giving back to the community makes you feel good about yourself," she adds.

Ashely Crouch volunteered with Katimavik when she couldn't decide what to do after high school.

The nine-month program takes a group of young volunteers across Canada to work on a series of community projects, with a different project leader in each location. They get pocket money, board and accommodation. Crouch's group was in Manitoba, Montreal and P.E.I. Out west, she tutored at-risk teens at a high school; in Montreal, she worked at a children's library and in P.E.I. she was at a Boys and Girls Club.

"I had no idea what I wanted to do after high school and I knew that I wanted to travel, but I wasn't sure how to do it," the 18-year-old says. "I also wanted to make a difference."

Katimavik was the perfect answer for the Prince Andrew graduate.

"It was amazing. It really broadened my horizons and opened my mind," she says of her cross-country tour. "Living with 12 people was probably the coolest thing."

It also helped her decide on a career path. "I hope to go into psychology," she says.



The volunteers work with a different project leader in each place.

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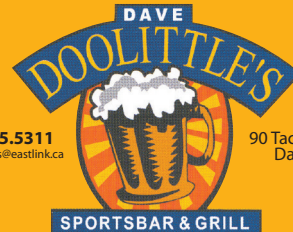
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A cultural smorgasbord

JON TATTRIE
for Metro Halifax

The Old Mill Upstairs is injecting a fresh shot of live music into the Dartmouth cultural scene, adding to options that range from high-brow to low.

The Old Mill Upstairs, at 200 Wyse Rd., is the new venture of Candace Redden (owner of CD Heaven) and Earl Joudrey (Fight To Live Productions).

"They can expect a really cool, cosy little space," Redden said of the 200-person venue that opened on Aug. 1. "It's really bare-bones."

Upcoming events

Find a complete listing of upcoming events at:

- alderneylanding.com
- bccns.com
- halifaxpubliclibraries.ca
- myspace.com/cdheaven
- qsstudios.ca

"We have just unbelievable skills in Halifax, people who do work that can be the best in the world."

Julia Rivard

The Old Mill hosts local talent most Saturdays, spiced up by visiting acts. Redden has a special spot for all-ages shows, but some will be over-19. Go to the Facebook group or CD Heaven's Myspace page for upcoming shows, or call CD Heaven at 464-0123.

For a quieter artistic atmosphere, check out the Queen Street Studios. Julia Rivard, a former Olympic kayaker, opened the studio after graduating from NSCAD. She found HRM a great place to live as an artist, but not to work, so she and business partner Trevor Marshall opened the studio to give artists a place to work and show



The Alderney Landing complex holds a farmers' market every Saturday from 8 a.m. to 2 p.m.

their work.

"We have just unbelievable skills in Halifax, people who do work that can be the best in the world. We're lacking at promoting these people," she said.

The anchor to the Dartmouth cultural scene is the Alderney Landing complex, with its Craig Gallery, theatre, library and mas-

sive outdoor stage. The complex is celebrating its 10th anniversary this year and annually hosts more than 300,000 attendants for more than 400 events. It holds a farmers' market every Saturday from 8 a.m. to 2 p.m.

The library hands out all the free culture you can take, with books, maga-

zines, DVDs and CDs, but also runs free programming. Literacy programs help young and old people brush up their skills and the library frequently hosts free public lectures and talks by authors.

A little further out, you can learn about Nova Scotia's deep roots in Africa at the Black Cultural Centre.

"Many times we require an awakening of the mind, body and spirit and that is just what we offer here at the one and only place of its kind in the world," says curator Dr. Henry V. Bishop.

The museum has exhibits and artifacts detailing black history in Nova Scotia and also hosts concerts and special events.

Recreation Exploration Community

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Rent a boat, canoe or kayak, throw on a lifejacket and **take a spin around Lake Banook** (you don't have to paddle in the Canoe/Kayak Worlds to enjoy this view).

Visit www.halifax.ca/rec and click on the Walking in HRM link. There you will find "Get Out . . . Check it Out", an online guide of local trails in Dartmouth, and trails all over HRM that you can walk, hike or bike.

These are just some of the ways to get active and enjoy fall in Dartmouth and HRM. Use those minutes wisely!

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Dartmouth's history

The Town of Dartmouth amalgamated with several neighbouring villages to become the City of Dartmouth in 1961. WIKIPEDIA.ORG

your neighbourhood: dartmouth **23**

Dartmouth Players a local success

RICHARD WOODBURY
for Metro Halifax

The Dartmouth Players is a great example of a Dartmouth business success story. Throughout the years, the non-profit community theatre group has gone through a lot of change and adversity to get to where it is today.

The Players is a true amateur group. All of the members involved in the productions — from the actors to the stage designers — do not receive a penny for their work.

Cliff Tyner is one of them. The 73-year-old has been involved with the Dartmouth Players for 45 years. He says they all do it because of their love of theatre.

"It's very satisfying," he says, "particularly if you've got a play that the audience really likes and you're part of giving that delight to somebody."

The Players put on at least four productions every year. This year's first one will be the musical *Anything Goes*. It will run from Nov. 4 to Nov. 21. Tickets are \$15 for adults and \$12 for children. Season memberships are also available at a dis-



The Dartmouth Players, a non-profit community theatre group, in last year's production of *Crazy For You*. This year's first production is the musical *Anything Goes*.



SUBMITTED PHOTOS

counted rate.

But it didn't always seem like the Players would survive. Although the group's been around for 23 years in its current incarnation, community theatre in Dartmouth dates back to 1957, when the group was known as the Dartmouth Drama Club.

The group performed in school auditoriums and in 1971, it changed its name to the Dartmouth Players. In 1974, the Players moved

to the converted Dundas Cinema.

Tyner says the group moved everything into the facility and performed two plays.

"Then Christmas came and over Christmas, the theatre burned down and we lost everything," he says.

The group officially disbanded, but many members went on to perform in the Theatre Arts Guild in Halifax.

The Players reformed in 1986. Productions were staged in a number of locations until the group moved into its current home at the Crichton Avenue Community Centre in the fall of 1987.

Tyner attributes the

group's longevity to the members' passion and dedication to doing theatre on a volunteer basis.

This commitment was evident in the auditions for *Anything Goes*, he says. Forty-eight people auditioned for the production,

which requires a cast of around 20 people.

The other productions on this season's schedule are *Woman In Mind*, *The Importance of Being Earnest* and *The Cover of Life*. Tickets can be purchased at dartmouthplayers.ns.ca.

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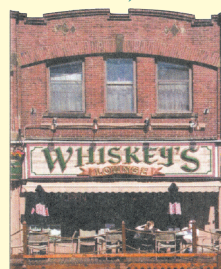
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The Nova Scotia International Air Show, formerly known as the Shearwater International Air Show, takes place on Sept. 12 and 13.

Military presence fading

RICHARD WOODBURY
for Metro Halifax

Once synonymous with Dartmouth's identity, the military's connection with the city isn't what it used to be.

"There's hardly any visibility at all in this area," says District 9 councillor Jim Smith.

"Really, the only time I saw them out in force was during (Hurricane) Juan. They were here for a while helping clean up some of the debris. But on an everyday or weekly basis, we don't have a lot of contact at all."

But that isn't the only instance the military helped out the community.

In October 2008, 20

members of the Forces painted an elderly woman's house in a day. The city bylaw office demanded she fix up her house because it considered it unsightly or she would be fined, so the members painted it for her.

Part of the Forces' visibility came from its housing bases, such as Shannon Park, which closed in August 2003. It was once home to hundreds of military families.

Presently, Shannon Park is classified as military surplus land and most of it will be sold for redevelopment, said Christine Gauthier, with the Department of National Defence in an email.

During the bid for the 2014 Commonwealth Games, Shannon Park was brought back into the spotlight.

Part of the bid included building a stadium on the property along with the athletes' village and other facilities.

The site is also the subject of a continuing First Nations land claim. Prior to the Halifax Explosion, Mi'kmaq lived on the land, but were relocated to Millbrook after the explosion demolished the area.

Another symbol of the military's presence in Dartmouth was the annual Shearwater International Air Show, which took place from 1981 to 1995. "It was the Shearwater


International Air Show (SIAS) and it was owned by the military," says Colin Stephenson, the executive director of this year's Nova Scotia International Air Show (NSIAS).

In 1996, the air show was renamed the NSIAS and it was run by a not-for-profit civilian society for the first time. The show moved to the Halifax International Airport in 2004 and will take place in Yarmouth this year on Sept. 12 and 13.

Stephenson says it was budget cutbacks in the 1990s that forced the military to pull out of producing the show.

"That all went away in the mid '90s when things got a whole lot tighter fiscally," he says.

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Preston not ready to talk about son

Kelly Preston is pulling out of the annual Women's Conference, where she was to break her silence about the death of her teenage son with John Travolta. The actress said in a statement Friday that she is "still deeply in the process of healing, and it's just too soon." **POPEATER.COM**

25

Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

Box office

Following are the top 10 films at the North American box office for the three-day weekend beginning Aug. 28, according to studio estimates compiled Sunday by Reuters:

- 1 The Final Destination:** \$28.3 million US
- 2 Inglourious Basterds:** \$20 million
- 3 Halloween 2:** \$17.4 million
- 4 District 9:** \$10.7 million
- 5 G.I. Joe: The Rise of Cobra:** \$8 million
- 6 Julie & Julia:** \$7.4 million
- 7 The Time Traveler's Wife:** \$6.7 million
- 8 Shorts:** \$4.9 million
- 9 Taking Woodstock:** \$3.7 million
- 10 G-Force:** \$2.8 million

REUTERS

Gore and all that

Halloween 2**Director:** Rob Zombie**Stars:** Scout Taylor-Compton, Tyler Mane**Classification:** STC

It's deja vu all over again with this sequel to 2007's \$80 million-grossing reboot of the Halloween franchise that apparently is as hard to kill off as its central character Michael Myers.

This edition, dubbed "the terrifying final chapter" in the ads (another line you probably shouldn't take at face value), begins moments after the last one, with a bloody and clearly traumatized Laurie Strode (Scout Taylor-Compton) convinced that she has dispatched Michael Myers. Well, someone forgot to tell him, because after the police vehicle transporting

him to the morgue crashes into an errant cow, he promptly revives and resumes his errant ways.

And so it goes, with the story alternating between repeated scenes of Laurie having bad dreams and Michael (Tyler Mane) gutting nearly everyone with whom he comes into contact.

As with his 2007 effort, director-screenwriter Rob Zombie's approach is far grittier than in the original series. The 1978 film took place in a bucolic suburban setting, which made Michael's murderous rampages all the more shocking. Here, as with the filmmaker's House of 1000 Corpses and The Devil's Rejects, the action occurs in a rural environment populated largely by rednecks and strippers. As a matter of

fact, most of Michael's victims pretty much deserve what happens to them.

Even the character of Dr. Loomis, Michael's psychiatrist (played so memorably by Donald Pleasence in the original), has been made darker. Here, as played by a hammy Malcolm McDowell, he's a media-whore opportunist looking to score big bucks for his latest book about his most infamous patient.

Perhaps reflecting the filmmaker's other career as a recording artist, many of the film's scares come as much from the ultra-vivid horrifying sound effects as the gore itself.

Fans of the original series will be disappointed to learn that Carpenter's haunting theme music is used only briefly at the end.

REUTERS

**Blunt to wed**

Emily Blunt and John Krasinski are set to wed. The British actress, 26, and The Office star, 29, have been dating since November, following her split from crooner Michael Buble. FEMALEFIRST.CO.UK



Tyler Mane plays killer Michael Myers in Halloween 2.

HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
8/31/09	31	31	31	ABC	News Center 5	ABC Wild News	Inside Edition	Chronicle	CMA Music Festival: Country's Night to Rock (HDTV) (N)	Two/Half Men	Gary Unmarr	Atlantis
	7	7	7	ASN	The Road to Avonlea	Instant Star	TMZ (N)	Gossip Girl "Valley Girls"	Comedy Fest.	CBC News: The National	The Hour	The Hour
	11	11	11	CBC	Wheel-For-Tune	Jeopardy!	Little Mosque	Sophie (HDTV)	Les Galas 2008 du Festival	Bons baisers de France (SC)	Le Téléjournal	Le Téléjournal
	2	2	2	CBC-F	Dre Grey, leçons d'anatomie	Des sautelettes	La Petite vie	La Petite vie	How I Met	How I Met	CSI: Miami	CSI: Miami
	32	32	32	CBS	WBZ News (N)	Evening News	The Insider (N)	Entertainment	Le Petit Monde	Laura Cadieux	Monk (HDTV) (SC)	TVA 22 heures
	69	69	69	CFTM	TVA 18 heures	Sucre-salé	ET Canada	Bones (HDTV)	House "Saviors"	Lie to Me "Better Half"	News Final (N)	News Final (N)
	6	6	6	CHIF	Entertainment	etalk	Hollywood	CSI: Miami (HDTV)	Law & Order: Criminal Intent	Law & Order: Criminal Intent	CTV News	CTV News
	9	9	9	CJCH	etalk	Hollywood	CSI: Miami (HDTV)	Build It	Incl. Revolution	EastLink Television		
	10	10	10	ELTV	EastLink Mag.	Fishing	The Job Zone	Two/Half Men	House "Saviors"	Lie to Me "Better Half"	Fox First	Fox First
	36	36	36	FOX	Deal-No Deal	The Simpsons	Two/Half Men	House "Saviors"	Law & Order: Criminal Intent	Law & Order: Criminal Intent	Dateline NBC	Dateline NBC
prime time	12	12	12	NBC	News (N)	NBC News	Hollywood	Extra (N)	CBC News: Tonight (N)	CBC News: The National	Princesses	Princesses
	29	29	29	NW	World News	Business	CBC News	Our World	CBC News: Tonight (N)	CBC News: The National	Princesses	Princesses
	4	4	4	PBS-B	NewsHour With Jim Lehrer	Greater Boston	Viewer Favorites	Viewer Favorites	Antiques Roadshow	History Detectives (N)	Performances	Performances
	35	35	35	PBS-D	NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	Antiques Roadshow	CSI: NY "Super heroes" (SC)	Le Mentaliste "Pilote" (SC)	Wipe Out	Wipe Out
	68	68	68	TQS	Guerre clans	Wipe Out	Le Mur	Money Talks	Business News	Taking Stock	Market Call	Market Call
	23	23	23	BNN	Business News	Headline	Market Call	Berman's Call	Campbell Brown (N)	Larry King Live (N)	Cooper 360	Cooper 360
	18	18	18	CNN	Situation Room-Wolf Blitzer	Lou Dobbs Tonight	Learning	Lessons	The Golf Fix	Top 10	Golf Videos	Haney Project
	54	54	54	GOLF	Golf Central	Top 10	Learning	Lessons	The Golf Fix	Top 10	Golf Videos	Haney Project
	52	52	52	RSE	Sportsnet Connected	The Pen	Jays	MLB Baseball	Toronto Blue Jays at Texas Rangers (HDTV) (Live)	(10:15) WWE Monday Night Raw	SuperCars	SuperCars
	55	55	55	SCOR	(6) Morency	Covers Experts	RaceNight	NASCAR Hall of Fame (HDTV)	SuperCars	SuperCars	Auctions	Auctions
news	45	45	45	SPD	Unoff Whips	Pimp My Ride	Pass Time	Tennis U.S. Open, Men's & Women's First Round (HDTV) (Live)	Wizards-Place	Life Derek	Ned's School	Ned's School
	53	53	53	TSN	Off the Record	SportsCentre	Wizards-Place	Han. Montana	6TEEN	Futurama	Punch	Robot Chicken
	43	43	43	FAM	Zoe 101	Life Derek	Jimmy Two	Total Drama	Max & Ruby	Franklin	League-Evil	Zixx Level
	44	44	44	TOON	Ben 10	Johnny Two	Backyardigans	Night Grdn	The Penguins	Malcolm-Mid.	Intervention "Marci" (N)	Hoarders
	26	26	26	TREE	Ni Hao, Kai-Lan	Big & Small	The Next Star	Criminal Minds (HDTV)	Intervention "Jeff"	Tam	Pachamama	Robe noire *** (1991, Aventures)
	27	27	27	YTV	"Carly" "Rue the Day"	CSI: Miami "Deviant"	APTN National News (N)	Notre People	Grasslands-Heaven	Dedicated "Tara Oram" (N)	Air Force	22 Minutes
	16	16	16	A&E	CSI: Miami "Deviant"	APTN National News (N)	Notre People	Grasslands-Heaven	Dedicated "Tara Oram" (N)	Air Force	22 Minutes	World's Wildest Police Videos
	70	70	70	APTN	APTN National News (N)	Notre People	Grasslands-Heaven	Dedicated "Tara Oram" (N)	Air Force	22 Minutes	World's Wildest Police Videos	Daily Planet (N)
	50	50	50	BET	106 & Park: BET's Top 10 Live	Hoshea Sanchez (Live)	Menace II Society *** (1993, Drama)	Tyrin Turner.	Raising the Bar	Home Improve.	Home Improve.	Comedy Now
	37	37	37	BRVO	Wind at My Back	Karaoke Star "Calgary"	Comedy Now	W-FIVE	Canada's Worst Driver	Daily Planet (N)	House Hunters	Property Virgin
sports	25	25	25	CMT	Karaoke Star "Calgary"	Comedy Now	W-FIVE	Canada's Worst Driver	Daily Planet (N)	House Hunters	Property Virgin	One Tree Hill
	49	49	49	COM	Laughs	Comedy Now	W-FIVE	Canada's Worst Driver	Daily Planet (N)	House Hunters	Property Virgin	The Daily Fix
	153	153	153	COURT	W-FIVE	Canada's Worst Driver	Daily Planet (N)	House Hunters	Property Virgin	One Tree Hill	The Daily Fix	Stargate Atlantis
	38	38	38	DISC	Canada's Worst Driver	Daily Planet (N)	House Hunters	Property Virgin	One Tree Hill	The Daily Fix	Stargate Atlantis	Ghost Hunters
	34	34	34	HGTV	Holmes on Homes	Property Virgin	One Tree Hill	The Daily Fix	Stargate Atlantis	Ghost Hunters	Family Guy	Family Guy
	46	46	46	HIST	Aftermath: The World Without Humans	One Tree Hill	The Daily Fix	Stargate Atlantis	Ghost Hunters	Family Guy	Family Guy	Family Guy
	17	17	17	MM	Video on Trial	Video on Trial	Video on Trial	Video on Trial	Video on Trial	Video on Trial	Video on Trial	Video on Trial
	19	19	19	MMM	mmtp10.ca	mmtp10.ca	mmtp10.ca	mmtp10.ca	mmtp10.ca	mmtp10.ca	mmtp10.ca	mmtp10.ca
	201	201	201	M1	(6:35) Never Forget	Mantracker	Friends	Friends	Friends	Friends	Friends	Friends
	48	48	48	OLN	Mantracker	Friends	Friends	Friends	Friends	Friends	Friends	Friends
family	51	51	51	PEACH	Seinfeld	Friends	Friends	Friends	Friends	Friends	Friends	Friends
	206	206	206	PIX	(6:30) Dragonheart (1996, Fantasy)	24 Hours on 60 minutes	Disaster Zone: Volcano in New York (2006, Action)	Swarmed (2005, Suspense), Carol Alt	Nearly Dead	Nearly Dead	In Laws	In Laws
	67	67	67	RDI	RDI monde	RDI économie	Bones	Bones	Bones	Bones	Bones	Bones
	39	39	39	SHOW	Trailer Park	Trailer Park	Trailer Park	Trailer Park	Trailer Park	Trailer Park	Trailer Park	Trailer Park
	40	40	40	SLICE	So Chic	Skin Deep	Til Debt-Part	Newlywed	Newlywed	Newlywed	Newlywed	Newlywed
	47	47	47	SPACE	Stargate SG-1 (DVS)	Stargate Atlantis (DVS)	Stargate Atlantis (DVS)	Stargate Atlantis (DVS)	Stargate Atlantis (DVS)	Stargate Atlantis (DVS)	Stargate Atlantis (DVS)	Stargate Atlantis (DVS)
	14	14	14	SPIKE	Pros vs. Joes	Pros vs. Joes	Pros vs. Joes	Pros vs. Joes	Pros vs. Joes	Pros vs. Joes	Pros vs. Joes	Pros vs. Joes
	57	57	57	STAR	etalk	Hollywood	Pros vs. Joes	Pros vs. Joes	Pros vs. Joes	Pros vs. Joes	Pros vs. Joes	Pros vs. Joes
	21	21	21	TLC	What Not to Wear	Carlawood	Carlawood	Carlawood	Carlawood	Carlawood	Carlawood	Carlawood
	56	56	56	34	TROP	Carlawood	Carlawood	Carlawood	Carlawood	Carlawood	Carlawood	Carlawood
cable variety	20	20	20	TVS	Que-champion	Journal de Fr2	Secrets d'histoire	Murder, She Wrote	Judging Amy	Old Christine	Friends	Friends
	28	28	28	V	Nothing Too Good	Style by Jury	Style by Jury	Style by Jury	Style by Jury	Style by Jury	Style by Jury	Style by Jury
	60	60	60	97	VIVA	Da Vinci's Inquest	Style by Jury	Style by Jury	Style by Jury	Style by Jury	Style by Jury	Style by Jury
	22	22	22	W	Style by Jury	Style by Jury	Style by Jury	Style by Jury	Style by Jury	Style by Jury	Style by Jury	Style by Jury
	251	251	251	WGN	Be-Millionaire	Evening News	Two/Half Men	Family Guy	MLB Baseball Houston Astros at Chicago Cubs (HDTV) (Live)			

critics' corner**Sophie**

Now, see, this is why one should never, ever burn one's bridges, especially in showbiz. A certain casting director was on the receiving end of some harsh treatment from Estelle (Sara Botsford) years ago. Now guess who needs work and has to make nice with said casting director. 8:30 PM on CBC

**CMA Music Festival: Country's Night to Rock**

Trace Adkins, Jason Aldean, Dierks Bentley, Brooks & Dunn, Kenny Chesney, Julianne Hough, Kid Rock, Lady Antebellum, Miranda Lambert, Martina McBride, Reba McEntire, Brad Paisley, Darius Rucker, Sugarland and Taylor Swift are scheduled to perform during this three-hour special culled from the perennial popular country music festival held in Nashville, Tenn., last June. 9 PM on ABC

CBC Winnipeg Comedy Festival

Traveling may have been what Jimmy Buffett was referring to when he wrote, "If we couldn't laugh, we would all go insane." In "Bon Voyage," Manoj Sood brings his "Little Mosque on the Prairie" character, Baber Siddiqui, to the stage to introduce a variety of comedians riffing on the travails of travel. They include Geri Hall, Jimmy Tingle and John Winn. 9 PM on CBC

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- Lola - High Heels
- Taylor Swift - You Belong With Me
- Faber Drive - G-Get Up And Dance
- 3OH!3 - Starstruck
- Miley Cyrus - Party In The USA
- Stereos - Summer Girl
- Black Eyed Peas - I Gotta Feeling
- Justin Bieber - One Time

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1013 THE BOUNCE.com

Coldplay's Chris Martin has a major pet peeve: People who whine about their success. "I hate people who complain about being famous," Martin said, according to Showbiz Spy. "I've got my dream life at the moment. I'm not going to complain ..." **METRO WORLD NEWS**

Celebrity Buzz

Mark recalls being 'Bad'

BOYS BEHAVING BADLY Celebrating the life of Michael Jackson, DJ and producer Mark Ronson fondly remembers hanging out with the singer in New York during the Bad tour with pal Sean Lennon.

"He had an after-party at his hotel room at the St. Regis and we were making soggies — toilet paper made into a wet ball — and chucking them from the penthouse," Ronson, who was around 12 at the time, told the New York Post.

"It was a terrible, bratty thing to do. But (Michael) did it, too. He was definitely encouraging us. It was pretty cool."



METRO WORLD NEWS

No glamour to George's injury

WHOOOPS Despite earlier reports that George Clooney had injured his hand in a motorcycle accident in Switzerland, his spokesman says the actor broke his hand by closing a car door on it outside his Italian home. "The doctor has given him 30 to 40 years more to live, and no live animals were harmed during the wrapping of the hand," he said.



METRO WORLD NEWS

Celebrity tweets

Diablo Cody gets rebellious a few years late, **Jason Mraz** gets philosophical, and **Miley Cyrus** has trouble living without modern conveniences.

• @diablocody I wasn't allowed to have Crystal Light as a kid, but now I have it every day. In your face, Mom! GLAMOUROUS DIET DRINK!

• @jason_mraz Affirmation. I am in harmony with all of the people, places, and things that surround me in this world. I am at peace.

• @miley Cyrus The A/C is broken in my house :(Can't sleep in this sauna of a room! Ahh.



METRO WORLD NEWS

Shania's new outlook on life

STARTING FRESH More than a year after splitting from her husband following his affair with her best friend, Shania Twain took to her official site to tell fans she's doing great and to announce her new relationship, us-magazine.com reports.

On Friday night, the country singer's 44th birthday, she posted a personal letter

and a 15-minute video travelogue of her most memorable moments from the past year.

"I feel very alive and well, ready to take on the gift of another year," Twain wrote. The star split from her husband, Robert (Mutt) Lange in May 2008 after he had an affair with her longtime best friend, Marie-Thiebaud. "I consider myself on a jour-



ney of discovery and recovery," she said of life post-split. "I don't accept to be held down by the past, nor do I expect too much of the future."

Who is accompanying Twain on that journey? Thiebaud's ex-husband, Frederic Thiebaud, whom Twain calls "a dear friend and true gentleman."

"We leaned on one another through the ups and downs, taking turns holding each other up. We've become stronger and closer through it all."

METRO NEWS SERVICES

Getting naked no problem: Anna

SELF CONFIDENCE Anna Paquin has "no problem" with nudity, femalefirst.co.uk reports. The Oscar-winning actress, who regularly flashes her flesh in the TV show *True Blood*, insists people should loosen up when it comes to stripping off.

She said: "People are just too uptight when it comes to nudity. I don't see what the big deal is about showing people as they actually are and if they are having sex presumably they are naked."

On my planet they are anyway. I have no problem with it."

The 27-year-old star said that landing a role in vampire drama *True Blood* helped her become more comfortable with her body. Paquin confessed she was initially worried about wearing skimpy clothes in the show, but a shopping trip eased her fears.

"After I was cast

and I realized my body would be exposed all the time, I went out and bought some shorts —

I owned none — to help me get used to it," she said. "You stop thinking, 'Do I look weird at this angle?' I've learned to feel comfortable wearing very little. It's liberating."

METRO NEWS SERVICES

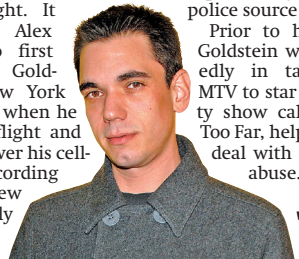


Details of DJ AM's death emerge

TRAGIC END As friends and loved ones react to the death of DJ AM, whose real name was Adam Goldstein, details about his tragic end are coming to light. It was actor Alex Burn who first rushed to Goldstein's New York apartment when he missed a flight and didn't answer his cellphone, according to the New York Daily News.

After calling police to break the door down, they reportedly found Goldstein face down on his bed, with a crack pipe and prescription drugs nearby, a police source says.

Prior to his death, Goldstein was reportedly in talks with MTV to star in a reality show called *Gone Too Far*, helping teens deal with substance abuse.



METRO WORLD NEWS

Romance rumours justifiable

THAT TOTALLY MAKES SENSE Kristen Stewart "understands" why people think she is dating Robert Pattinson, femalefirst.co.uk reports.

The actress has been continuously romantically linked to her *Twilight* co-star and although she admits they are "close," Stewart claims they are just pals. She said: "Robert and I are great

friends but I understand why you would assume that, when we lean on each other for support, there must be something more."

"And I'm not criticizing anyone for thinking it either. If anything, they're really perceptive because they can see a closeness."

METRO NEWS SERVICES



Lily's song scares men

BAD REPUTATION Lily Allen has been having trouble finding a new man, and she admits she only has herself to blame because she's written songs like *Not Fair*, about how bad some men she's dated are in bed.

"I wish I'd never written *Not Fair*," Allen told *Elle* magazine. "You know, the thought honestly — really, honestly — never

even occurred to me that it would scare men. I thought it might empower women. I thought women would go, 'Oh God, yes, at last somebody is saying it.' I didn't think it would put me in a position where guys would be like, 'Whoa, no, I'm not sleeping with you in case you write something about it!'"

METRO WORLD NEWS



Celebs go wild in bar brawl

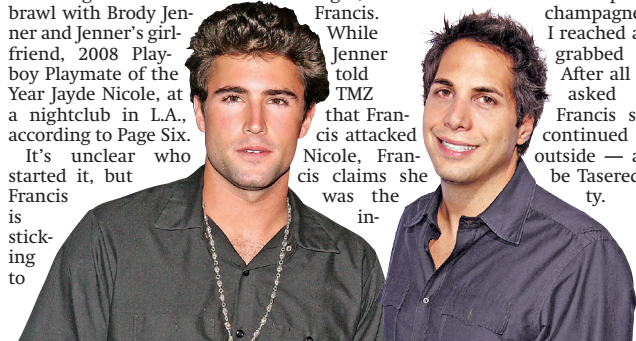
FIGHT FIGHT FIGHT! Girls Gone Wild honcho Joe Francis got into a bar brawl with Brody Jenner and Jenner's girlfriend, 2008 Playmate of the Year Jayde Nicole, at a nightclub in L.A., according to *Page Six*.

It's unclear who started it, but Francis is sticking to his story. "I'm going to the police to file assault charges," said Francis.

While Jenner told TMZ that Francis attacked Nicole, Francis claims she was the instigator.

"She comes up behind me, pushes me, and then dumps a glass of champagne on me, so I reached around and grabbed her hair." After all three were asked to leave, Francis says Jenner continued the fight outside — and had to be Tasered by security.

METRO WORLD NEWS



Mom thanks fans for support

ON SON'S BEHALF Just days after Chris Brown was formally sentenced for beating Rihanna, his mother finally addressed fans about the ordeal, popeater.com reports.

"I just want to say from the bottom of my heart thank you for your continued

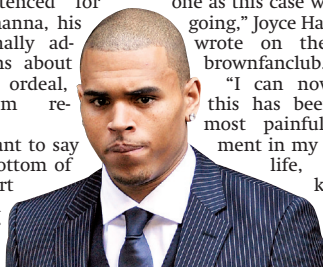
support. I'm sorry I wasn't allowed to speak to anyone as this case was ongoing," Joyce Hawkins wrote on thechrisbrownfanclub.com.

"I can now say this has been the most painful moment in my entire life, but knowing that you

were still standing by Chris' side in his time of need made this a little easier for us," she added.

Last week, a judge ordered Brown to serve five years probation and perform six months of community service for his role in the February attack. Brown was also ordered to stay 100 yards away from Rihanna during the period of his probation.

METRO NEWS SERVICES



Jason attacked by monkey

MAYBE IT WASN'T A FAN? While on a backpacking trip to celebrate the 10th anniversary of the American Pie film, actor Jason Biggs was caught off guard in Gibraltar when a monkey jumped on him and tried to bite his face off, according to *Gatecrasher*.

"Jason's travelling companions

managed to fend the beast off and Jason thankfully wasn't seriously hurt, just shaken up," a source said. Biggs reportedly ended his trip early after the attack and headed back to the United States.

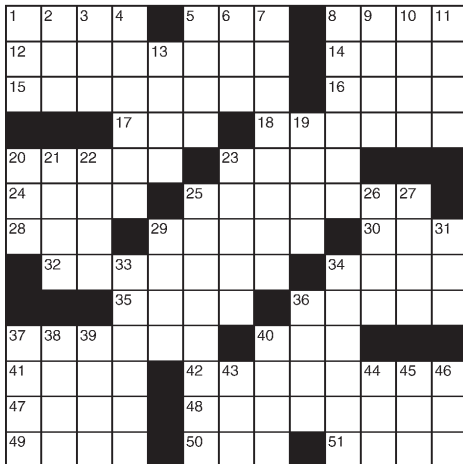


METRO NEWS SERVICES

GETTY IMAGES

For more delicious Metro recipes, visit: metronews.ca/food

Take Five



ACROSS

1 Ali —
5 Spanish article
8 Surrounded by
12 Plentiful
14 Paddock papa
15 Morning-after woe
16 PC picture
17 Meadow
18 The same amount
20 Peptic problem
23 One-time Yugoslav leader
24 Twosome
25 Exceed a limit
28 Hot tub
29 Get more magazines
30 Rotation duration
32 Hollow quick bread
34 Stupor
35 Falsifier
36 GSN telecasts
37 Preserve to protect from decay

40 Diving bird
41 Change
42 Sweater type
47 Birthright barterer
48 Volcanic boom
49 Flight component
50 Poorly lit
51 Actress Paquin

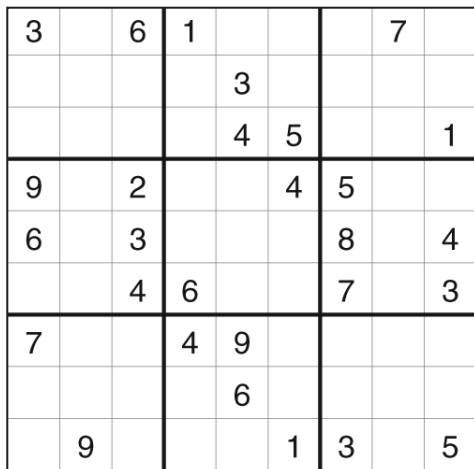
DOWN

1 Scrooge's cry
2 Lawyers' org.
3 Chignon
4 Fisherman
5 Outflow from
48-Across
6 Indivisible
7 Sieve
8 I, Robot author
9 Isinglass
10 Press
11 Say it isn't so
13 Active person
19 Pack cargo
20 Boom times
21 Arctic European
22 "Arrivederci"

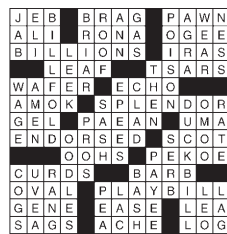
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



3	4	9	6	7	2	1	8	5
5	6	1	8	3	9	4	2	7
8	2	7	4	5	1	3	6	9
7	3	8	1	9	6	2	5	4
9	5	4	7	2	8	6	3	1
2	1	6	3	4	5	7	9	8
4	9	3	2	8	7	5	1	6
6	7	5	9	1	3	8	4	2
1	8	2	5	6	4	9	7	3

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day



Fennel Stuffed Cod

INGREDIENTS:

1 cup (250 ml) plain yogurt
2-1/4 cups (550 ml) finely chopped fennel fronds, divided
1 tsp (5 ml) lemon juice
1 tsp (5 ml) snipped chives
1/8 tsp (0.5 ml) salt, optional
1/8 tsp (0.5 ml) pepper
2 celery ribs, chopped
1/4 cup (50 ml) chopped onion
2 to 4 tbsp (25 to 60 ml) vegetable oil
4 cups (1 l) stuffing croutons
1 cup (250 ml) chicken broth
2 eggs, beaten
4 cod or flounder fillets
1 medium lemon, sliced
METHOD:
1. For sauce, combine yogurt, 1/4 cup (50 ml) of fennel, lemon juice, chives, salt if desired and pepper in bowl. Cover and

refrigerate 2 hours or overnight.
2. In small skillet, sauté celery and onion in oil until tender. Remove from heat. Stir in croutons, broth, eggs and remaining fennel. Spoon about 1 cup (250 ml) stuffing mixture onto each fillet; roll fish around stuffing.
3. Transfer to greased 2-qt. (2-l) baking dish. Top each with lemon slice. Bake, uncovered, at 350 F (180 C) 30-35 minutes or until fish flakes easily with fork and thermometer inserted into stuffing reads 160 F (71 C). Serve with fennel sauce.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes by Sally Brompton sallybrompton.comFor Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES

MARCH 21-APRIL 20



Your thoughts may be rather heavy as the new week begins but that's good in that you need to get serious about what you're going to be doing.

LIBRA

SEPT 23-OCT 23



Don't take anything too seriously today. The planets indicate it will be hard to see the good things if you focus too readily on the bad.

TAURUS

APRIL 21-MAY 21



Are you the victim of a plot or whispering campaign? Maybe, but more likely it is just your imagination playing tricks on you again.

SCORPIO

OCT 24-NOV 22



You would dearly like to help someone who is struggling but you know if you do they will never learn to look after themselves.

GEMINI

MAY 22-JUNE 21



You may find it hard to understand why certain people act in certain ways, but there is no point getting uptight about it because they won't change.

SAGITTARIUS

NOV 23-DEC 21



You will have to work hard as the new week begins, mainly to catch up on all the things you should have done last week.

CANCER

JUNE 22-JULY 22



Don't give up on a project just because you suspect the results will be less than you hoped for. Having come so far it would be a shame to abandon it now.

CAPRICORN

DEC 22-JAN 20



Are you making the most of your time? That's what you need to ask yourself as the new week begins. The planets indicate you've let things slip.

LEO

JULY 23-AUG 23



You will start the week with high hopes but it won't be long before you realize that there are some serious obstacles ahead.

AQUARIUS

JAN 21-FEB 18



You may be tempted to tear down everything you have achieved and start again from scratch, but is that necessary? Don't junk the essentials.

VIRGO

AUG 24-SEPT 22



The planets indicate someone annoyed you over the weekend and you're determined to get back at them. But they're not worth the effort. Let it pass.

PISCES

FEB 19-MARCH 20



The cosmic setup means it's natural for you to worry, but don't let it get out of hand. This week you'll see you're on the verge of a breakthrough.

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WORDY GURDY®

BY TRICKY RICKY KANE

Every answer is a rhyming pair of words like FAT CAT and DOUBLE TROUBLE, and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

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1. Mouse Jerry foe's school dances (1)
2. Dog Otis's partner's farm buildings (2)
3. Weak cartoon cat with Ren (2)
4. "9 Lives ad cat, meet actress Day" (2)
5. Three little baby cats' winter wear (2)
6. Boots-wearing cat's downhill ski runs (2)
7. Stress applied by a smiling Wonderland cat (2)

ANSWERS:
1. KITTYHOUS 2. MICEHOUS 3. WHISKYCAT 4. MIMICCAT 5. KITTENS MITTENS 6. PUSSY SHOES 7. CHeshire PRESSURE

8-31-09

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